

Advertising feature. Your normal ^{LUTON} on sunday is inside

DID YOU KNOW?



20th Century

Edwin Hubble was awarded the Nobel Peace Prize, for his discovery that the Universe is **expanding**

7th Century

“And the heaven We constructed with strength & indeed, We are [its] **expander...**” [The Qur'an 51:47]

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SCIENTIFIC MIRACLES IN THE QUR'ĀN

Throughout its history, the Qur'ān has continued to reveal its miracles and prove beyond doubt its Divine origin. The Qur'ān is not a book of Science, Philosophy, Geology, History, etc - It is revelation from God as guidance for Mankind. However, if experts from any of the human sciences were to read it, they would conclude beyond doubt, that the words of the Qur'ān are not from any human being but from God Almighty. The field of Science is no different. The Qur'ān contains countless scientific facts which were unknown to man even a hundred years ago, and considering it was revealed fourteen hundred years ago, clearly/absolutely proves its is a revelation from the All-Mighty.

THE QUR'ĀN ON MOUNTAINS

The book entitled 'Earth' is a basic reference textbook in many universities around the world. One of its two authors is Professor Emeritus Frank Press. He was the Science Advisor to former US President Jimmy Carter, and for 12 years was the President of the National Academy of Sciences, Washington, DC. His book says that mountains have underlying roots.¹⁹²⁰ These roots are deeply embedded in the ground, thus, mountains have a shape like a peg. This is how the Qur'ān has described mountains. God has said in the Qur'ān:

"Have We not made the earth a resting place? And the mountains as stakes (pegs)?"

Qur'ān 78: 6-7

Modern earth sciences have proven that mountains have deep roots under the surface of the ground and that these roots can reach several times their elevations above the surface of the ground.¹⁹²⁴ So the most suitable word to

describe mountains on the basis of this information is the word 'peg,' since most of a properly set peg is hidden under the surface of the ground. The history of science tells us that the theory of mountains having deep roots was introduced only in the latter half of the nineteenth century.¹⁹²⁵ Mountains also play an important role in stabilizing the crust of the earth.¹⁹²⁶ They hinder the shaking of the earth.

Likewise, the modern theory of plate tectonics holds that mountains work as stabilizers for the earth. This knowledge about the role of mountains as stabilizers for the earth has just begun to be understood in the framework of plate tectonics since the late 1960's. Could anyone during the time of the Prophet Muhammad have known of the true shape of mountains?



The Qur'ān on the 'Big Bang Theory'

"Have those who disbelieved not considered that the heavens and the earth were a [ratq] joined entity, and We [fataqa] separated them.... Then will they not believe?"

Qur'ān 21:30



The word 'ratq' translated as 'sewn to' means 'mixed in each, blended' in Arabic. It is used to refer to two different substances that make up a whole. The phrase 'fataqa' is 'unstitched' and implies that something comes into being by tearing apart or destroying the structure of things that are sewn to one another.

In the verse, heaven and earth are at first subject to the status of 'ratq.' They are separated ('fataqa') with one coming out of the other. Intriguingly, when we think about the first moments of the 'Big Bang' we see that the entire matter of the universe collected at one single point. In other words, everything including 'the heavens and earth' which were not created yet were in an interwoven and inseparable condition.

THE QUR'ĀN ON HUMAN EMBRYONIC DEVELOPMENT

In the Holy Qur'ān, God speaks about the stages of man's embryonic development:

"And certainly did We create man from an extract of clay. Then We placed him as a sperm-drop [nutfah] in a firm lodging [i.e., womb]. Then We made the sperm-drop into a clinging clot [alaqah], and We made the clot [alaqah] into a lump [of flesh], and We made [from] the lump, bones, and We covered the bones with flesh; then We developed him into another creation. So blessed is God, the best of creators."

Qur'ān 23:12-14

Nutfah and Manii

The Nutfah literally means 'a [single] drop' of fluid whereas Manii means 'semen.' In the Qur'ān and Hadith, Nutfah is used in three different but interwoven connotations:

1. The Male Nutfah,
2. The Female Nutfah,
3. Nutfah Amshaj – mixed or mingled Male and Female Nutfah

In the male context, the Nutfah is a single particle from the Manii when it is ejaculated – i.e. a single cell [sperm]

THE QUR'ĀN ON THE EXPANDING UNIVERSE

"And the heaven We constructed with strength, and indeed, We are [its] expander."

Qur'ān 51:47

It was only after the development of the radio telescope in 1937 that the expansion of the universe was observed and established. While observing the sky with a telescope, Edwin Hubble, the American astronomer, discovered that the stars and galaxies were constantly moving away from each other. This discovery is regarded as one of the greatest in the history of astronomy. During these observations, Hubble established that the stars emit a light that turns redder according to their distance.

That is because according to the known laws of physics, light heading towards a point of observation turns violet,



and light moving away from that point assumes a more reddish hue. During his observations, Hubble noted a tendency towards the colour red in the light emitted by stars. In short, the stars were moving further and further away, all the time. The stars and galaxies were not only moving away from us, but also from each other. A universe where everything constantly moves away from everything else implied a constantly expanding universe.

In these ayats, there are a lot of facts that require careful consideration. We know the sex of the new born is determined by the male - it is definitely stated that the male and female are fashioned from a sperm-drop from the semen that has been ejaculated. We know that the sex of the new born is determined by the sperm which will fertilize the ovum. If the sperm carrying an X chromosome fertilizes an ovum [which always contains an X chromosome], the offspring will be a girl, while if the fertilizing sperm contains a Y chromosome, the offspring will be a boy. The Qur'ān has stated this fact 1400 years ago, before anybody knew anything about X and Y chromosomes.

The Female Nutfah

The Female Nutfah [ovum] per se is not mentioned explicitly in the Qur'ān but is inferred in the term Nutfah Amshaj – i.e. mingled from both male and female. However, it is clearly stated in the hadith

Qur'ān 75:36-40



EDL leader's bail terms
curb protest activities

onpage 3



Dish of the day - see
business supplement
inside

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July 3, 2011

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Drug ring members get a total of 66 years in jail

BY SOPHIE SCOTT

sophie.scott@lutononsunday.co.uk

SIX members involved in a nationwide drugs conspiracy have been sent to prison for a total of 66 years.

The 'Boss' Adil Khan, of Woodford Green, was himself given a 19-year sentence for his part at the centre of the Luton-based conspiracy.

He drove a series of expensive cars, including a Maserati and Rolls Royce despite having no obvious means of income and no traceable bank accounts or credit cards.

Bedfordshire Police monitored the conspirators' activities between October 2009 and July 2010.

The first arrests were made in January 2010, when a man and three women were arrested in Reading in possession of about 3kg of heroin, with a street value of £150,000.

More arrests were made in March 2010 in Birmingham, where two men were arrested in possession of heroin worth £400,000, followed by a seizure of £50,000 of heroin in transit on the M1 – which is known to have come from a flat in Luton.

At the end of March 2010, police raided

■ Continued on page two

Hospital worker to appear in court over sex assaults

A HEALTHCARE assistant has been charged with sexually assaulting 14 male patients at Luton & Dunstable Hospital's Stroke Unit.

Ameet Mohabbeer, 28, of Butely Road, Luton, appeared at Luton Magistrates' Court on Thursday in relation to 13 charges of sexual assault on a male contrary to the Sexual Offences Amendment Act 2003, and four charges of causing a man to engage in a penetrative sexual activity contrary to the Sexual Offences Act 2003.

Mr Mohabbeer was bailed with conditions to appear at Luton Crown Court on October 3 when he will be asked to enter a plea.

The charges relate to incidents which occurred while he was on duty at ward 17 at the L&D.

Luton on Sunday broke a national exclusive in March when we reported that an L&D staff member had the previous month been arrested over allegations of serious sexual offences against patients recovering from strokes.

LoS published a special helpline phone num-

L&D worker is arrested in 'sex offences' probe

ber to enable anyone who spent time recuperating on the ward to speak to investigators in confidence.

The incidents have been investigated by the Safeguarding Adults Investigation Unit at Bedfordshire Police and the L&D.

Anyone who wishes to speak to specially trained police officers can contact Detective Sergeant Vicki Clarke or Detective Inspector Jerry Waite, in total confidence, on 01582 841212.



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on LUTON sunday

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'Lives at risk' fear over bid for trauma centre

EXCLUSIVE

BY CHRISTINA JOHNSON
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PATIENTS who need treatment for very serious and life threatening injuries will need to be driven up to 40 miles to receive it under new plans.

At the moment people with major trauma - the name given to severe injuries, such as those that could be received in a car accident, - are taken to their nearest hospital's emergency department. In Luton's case this is Luton & Dunstable Hospital.

But because such injuries, which are the leading cause of death for people aged under 40 in the UK, are rare and staff only see around one patient every week on average, health bosses announced on Wednesday that they have agreed to establish an East of England regional Major Trauma Centre at Addenbrooke's Hospital in Cambridge.

Katherine Murphy, chief executive of the Patients' Association, said: "It is absolutely vital that patients can reach accident and emergency quickly, especially if they have suffered serious trauma and every second counts.

"We are very concerned that forcing patients to travel further to find an accident and emergency department may put patients' lives at risk.

"We have been hearing for months that other hospital services are being cut and despite Government promises to the contrary, patients tell us that it is compromising patient care.

"The same cannot be allowed to happen to accident and emergency services where time and distance are such important considerations.

"Trusts must ensure that all patients are in easy reach of a accident and emergency unit and not to allow budgetary pressures to put patient safety at risk."

Dr Robert Winter, chairman of the East of England Major Trauma Network, said: "Providing expert trauma care in every emergency department is incredibly difficult.

"In the East of England major trauma cases account for only around one per cent of all the work emergency departments do.

"There is a wealth of international research showing that more patients will get better outcomes if dedicated centres, with a wide range of specialties on one site, are available.

"As most hospital emergency

departments in the region only ever see a handful of cases each year, it is simply not possible to have all the necessary skills available all the time, just in case.

"We believe that by establishing new ways to deal with major trauma cases we can save significantly more lives each year."

A series of national reviews led in 2010 to a requirement that every Strategic Health Authority region in England should have a dedicated Major Trauma Centre in place by the end of 2011/12.

An L&D spokesman said: "Many people seem preoccupied by the prospect of cuts in NHS services but we need to make it quite clear that the L&D is passionate about providing the best possible patient care, applying the best clinical expertise and using the best technology available.

"We are currently investing a further £3 million in redesigning our Emergency Department and see no prospect whatsoever of a reduction in the emergency services that we provide here.

"This is a good example of how we are investing money to improve access to high quality specialist services for patients in austere times."



Speedy shoppers' £2k clothing raid

THESE four men are wanted for questioning by police investigating the 'very organised' theft of thousands of pounds worth of clothing.

Stock worth £2,360 was snatched in just 90 seconds from racks in the Monsoon store in The Mall Luton.

PC Dermot Dunne said: "The men are very organised and it is possible that they are professional thieves who may have committed this type of crime in other areas of the country."

Anyone with information about the incident, which took place on June 8 at around 5.10pm, can contact PC Dunne on 01582 394116, or Crimestoppers, anonymously, on 0800 555 111.

Lengthy prison terms handed to Class A drugs gang

■ Continued from page one

that flat in Farley Hill and found a drug-pressing factory with 2kg of heroin, a mechanical press, various white powders used to dilute purity of heroin ready for sale on the street, packaging materials and scales.

Khan, 28, pleaded guilty to four counts of conspiracy to supply heroin and cocaine at an earlier hearing at Luton Crown Court. On Thursday he was caged for 19 years.

Those others jailed for conspiracy to supply class A drugs were:

■ Mohammed Ayub, 21, of Bishopton Road, Luton - ten years and six months (found guilty by a jury)

■ Kamran Bashir, 29, of Claremont Road, Luton - eight years and six months (found guilty by a jury)

■ Mohammed Sohil, 21, of Durbar Road, Luton - seven years (pledged guilty)

■ Rizwan Khushal, 31, of Shaftesbury Road, Luton - eight years and six months (pledged guilty)

■ Mohammed Tribak, 24, of Poplar, London - 13 years (pledged guilty).

In May, Mohammed Hoque, 21, of London, was arrested in a taxi with £17,000 in cash - apparently the result of a drug deal in Cambridgeshire which he had just done on behalf of Khan.

Finally, after the evidence and intelligence had pointed to Khan being involved in all of the above incidents, Bedfordshire Police mounted a series of simultaneous raids in July 2010 to arrest Khan and his other Luton associates who had not already been brought into custody. Khan

was living a lavish lifestyle in an exclusive flat and paying cash for luxury goods like Gucci shoes.

A major police operation has now seen 13 people convicted in separate court proceedings in Luton, London, Reading, Birmingham and St Albans.

Bedfordshire Police Detective Inspector Jon Gilbert said: "Khan and Tribak were getting the benefit of the huge amounts of cash generated by dealing the drugs. Khan in particular thought he had taken adequate precautions to evade detection by getting everyone else to do his dirty work for him.

"We never saw him handle drugs, and he seems to have directed all his transactions - even for paying rent on his smart flat - either in cash or via other people's bank accounts."



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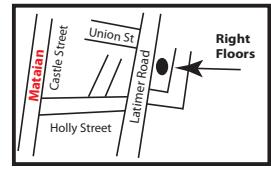


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Memorial service will honour ex-police Chief Superintendent

POLICE flags will fly at half mast on Thursday as a mark of respect following the death of a former Chief Superintendent who served in the county for 16 years.

Ex-Bedfordshire Police officer Derek North was based in Bedfordshire after moving from Dewsbury in 1964 to join the newly

formed Luton County Borough force. He rose through the ranks earning two promotions to Inspector in 1965 and finally Chief Superintendent in 1971 when he worked as a divisional commander in Dunstable.

Chief Supt North also operated in the Road Traffic division and was highly regarded for his

organisational skills in dealing with the aftermath of motorway road collisions.

He died at York Hospital aged 80 after a short period of ill health.

A memorial service to celebrate his life will take place on Thursday at St Giles Church in Skelton, York, with a private cremation to follow.

EDL leader is banned from protest activity

EXCLUSIVE

BY SOPHIE SCOTT

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THE LEADER of the English Defence League has been banned from organising or taking part in any of the group's protests as part of bail conditions.

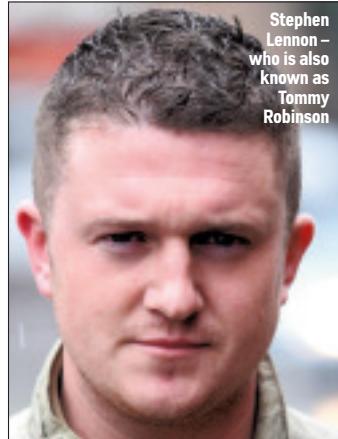
Stephen Lennon, of Layham Drive, Luton, pleaded not guilty to a public order offence, which is alleged to have happened at an EDL rally in Luton town centre on May 26 against Euro MEP Richard Howitt.

At Luton Magistrates' Court on Wednesday, the 26-year-old was granted conditional bail to reappear before magistrates on October 31 for a trial.

As part of his conditions he must tell Luton police, within three days, if he is to move addresses.

He must also not knowingly organise, travel to, or participate in any march, demonstration, protest or similar within ten miles of Luton.

In addition he must not send any arti-



Stephen Lennon – who is also known as Tommy Robinson

cle, letter, fax or email that seeks to promote or publicise any march, demonstration or protest in the open air within ten miles of Luton.

Cops seek information on Stanley knife flat burglary

A MAN was threatened with a knife during an aggravated burglary at a flat.

Two men entered the Startpoint building in Downs Road, Luton, where they threatened a visitor with a Stanley knife before taking a mobile phone and laptop from the 27-year-old occupant.

Detective Constable Allan McCarney

said: "I would urge anyone who may have seen two men matching the descriptions given in the Downs Road/Startpoint area late on Friday or early Saturday (June 24-25) to come forward and speak to the police."

The first man is described as white, aged around 26, 5ft 9ins tall with a stocky build, wearing a grey tracksuit. The second is also described as

white, aged around 20, 5ft 7ins tall, wearing a black Nike hooded top and dark blue tracksuit bottoms.

Anyone with information about this crime, which happened between 1.30am and 2am on June 24, can contact Det Con McCarney, in confidence, on 01582 394334, or Crimestoppers, anonymously, on 0800 555 111.

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Town hit by school closures as teachers march on strike

BY SOPHIE SCOTT

sophie.scott@lutononsunday.co.uk

AROUND 400 teachers marched through Luton town centre as part of Thursday's national strike action.

The joint protest, staged by staff members from schools in Luton and Dunstable, began at the top of Market Hill at midday, with the procession ending at Wardown Park.

The strike was in response to Government plans which would see teachers working for longer, paying more into their pensions but not getting as much back.

Sarah Anderson, secretary of Central Bedfordshire's National Union of Teachers division, said: "There was a fantastic atmosphere. The people of Luton were sympathetic to what the strikers were saying.

"I want to stress that teachers do not

want to be forced into striking. It is a measure of last resort for teachers. We want to be in our classrooms doing the job we do best and the job we love.

"We had no option but to take that action. The Government has made it quite clear it is not prepared to move on any of these particular points.

"We are sorry to the inconvenience caused to parents and we do sympathise with them but we would ask them for their support as we have major, grave concerns about the future of our children's education and being able to attract young graduates into the profession."

Central Bedfordshire Council, which covers Dunstable and the surrounding villages, does not know how many of its schools were affected by the strikes.

It gave schools the option to release information on the State of Schools section on its website, but only ten had opted to say that they had closed on Thursday.

That was in stark contrast with neighbouring authority Luton Borough Council, which published a definitive list of the 19 full closures within the town.

A Central Beds spokesman said: "We gave schools the option to publish their closures on the website themselves. As it was not a council decision to close the schools, it was not for us to make a list. Before Thursday's strike, we were aware of about 30 schools that closed."

The full closures in Luton were at Beechill Primary, Dallow Primary, Foxdell Infants, Hillborough Junior, Icknield Primary, Leagrave Primary School, Ramridge Primary, Richmond Hill, Someries Junior, St Joseph's Infants, St Joseph's Juniors, St Margaret of Scotland Primary, Tennyson Road Primary, The Meads Primary, Warden Hill Junior, Waulud Primary, Whitefield Primary, William Austin Infant and Junior and Woodlands Secondary.

Michelin-star chef to add spice to food festival

THIS year's Taste of Luton Food Festival will have a touch of Michelin-star quality with the attendance of the nation's favourite French chef – Jean-Christophe Novelli.

Jean-Christophe will help mark the official opening of the event on Saturday, September 10, in St George's Square, Luton.

The festival is focused on restaurants, bars, food retailers and producers offering a showcase of the high quality and diverse food experiences to be found in the town and surrounding area.

The 2009 festival attracted more than 7,000 visitors.

Mr Novelli said: "I am delighted to be taking part in this year's Taste of Luton.

Both my business and home are nearby and it is great to be able to support an event of this kind on my doorstep."

If you would like to take part in this year's festival contact Sinead McNamara on 01582 546265 or email sinead.mcnamara@luton.gov.uk or visit www.luton.gov.uk/foodfestival

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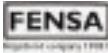
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Police reach a dead end over kids' project computer thefts

EXCLUSIVE

BY SOPHIE SCOTT

sophie.scott@lutononsunday.co.uk

TENS of thousands of pounds worth of equipment was stolen from a children's project – but police are not investigating as there are 'no further lines of inquiry'.

On June 20, a teacher entered the classroom at Hatters Study Centre, in Ely Way, Luton, to discover that 15 Macbook Pros, five flip video cameras and other items were missing, valued at in excess of £20,000.

Former Luton Town employee Tony McCool, who worked as an under-12s coach at the club, launched a drawing competition project for children that uses digital media run out of the centre in conjunction with Active Luton and Luton Airport.

Mr McCool, who is now with Premier League outfit Queens Park

Rangers, said he had worked hard to get the project going, aimed at improving Luton's image, with the competition winners' efforts going on display at the airport.

He said: "The police would not even come out to the scene because the keys had been used when they were stolen.

"They immediately said there were no lines of inquiry.

"I find that just appalling, no-one can convince me that is justifiable. If my neighbour's door is open and I go in and steal their TV that is theft, so this must be too."

"What makes it more upsetting for me is that the children were meant to start on Wednesday but we didn't have the right equipment, though we managed to get some loaned from a company in Manchester."

Luton Town director Stephen Browne said: "We are very disappointed that the theft affects the educational programmes we run with our partner Active Luton.

"This directly affects the youth of Luton – all of whom come to us to support their school studies.

"The club is liaising closely with Bedfordshire Police.

Anyone with any information should contact Bedfordshire Police, or the club, and the information provided will be treated in the utmost confidence."

A police spokeswoman said: "No further lines of inquiry does not mean a crime is ignored."

"Many crimes receive an automatic police response to establish what evidence is available. Initial inquiries will be carried out to determine if there are any witnesses, forensic evidence or CCTV."

"Once the initial officer has completed all available lines of inquiry and there are no further possible lines of inquiry the crime report is filed."

"The crime report is kept on file and re-investigated if new evidence comes to light."

Man charged with murdering OAP in his own home

AMAN has been remanded in custody charged with the murder of a pensioner.

David Charles Spencer Clairmonte, 25, from Thornview Road, Houghton Regis, has been charged with the murder of Frederick Hodsdon, 69, who was found injured at his home in Vespers Close, Luton, on June 25.

Mr Hodsdon died at Luton & Dunstable Hospital later that night and a postmortem revealed the cause of death as head injuries.

Mr Clairmonte appeared before Luton Crown Court on Thursday. He will reappear at Crown Court on September 12 when he will be asked to enter a plea.



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Homophobia put in schools' target zone

BY CHRISTINA JOHNSON
christina.johnson@lutononsunday.co.uk

A SURVEY by a teachers' union reveals that more than 94 per cent of teachers in secondary schools have seen or heard a homophobic incident.

The figures show 29 per cent of staff in Luton schools have been on the receiving end of homophobic abuse themselves and more than three-quarters of teachers believe homophobia is a serious issue demanding attention.

The survey was collated after a questionnaire was sent out to all National Union of Teachers members of all of the town's secondary schools in the spring.

NUT equalities officer Tony Fenwick said: "The findings of this survey are truly awful, but alas not that shocking, as they are more or less the same as the findings in other parts of the country.

"They show that homophobia is the elephant in the room."

Everybody can see it but they choose to tiptoe around it.

"In a town that prides itself on its cultural and racial diversity, however, the figures are particularly alarming.

"I have lived here for 17 years and always thought it an open and welcoming place for lesbians, gays and everyone else. But in our schools, the reality appears to be different.

"The ubiquitous use of the word 'gay' to mean 'bad' or 'of inferior quality' too often goes unchallenged, and if it remains unchallenged pupils will think that it's acceptable."

NUT president Nina Franklin said: "During my presidential year I am committed to supporting the work that is done to protect our young people and their teachers from homophobic bullying, and to trying to ensure that we can empower everyone to challenge and eradicate this prejudice from our schools."

The findings of the Luton Prevalence of Homophobia survey will be available to view in detail and discussed at Luton Central Library in St George's Square on Wednesday.

Martin Pratt, Luton Borough Council's director of children and learning, said: "In Luton we recognise that homophobia is an issue which should be actively addressed and therefore we welcome this survey as a way of advancing our understanding of the current situation and prompting us to take action to improve things in the future.

"As with all forms of discrimination homophobia is unacceptable in our schools and should be challenged."

A council spokesman added: "The survey results for Luton are very similar to the other cities and towns that the NUT has surveyed, which shows that this is a national problem and not specific to Luton."

Not guilty plea entered on harassment rap

A MAN has denied charges of harassment and sexual assault.

Rupinder Singh Khaira, 28, of Waldeck Road, Luton, appeared at Luton Magistrates' Court on

Wednesday. Mr Khaira pleaded not guilty to a harassment charge, alleged to have been committed between April 4 and May 4, and one count of sexual

assault on a female, aged over 16, on May 3.

He was granted conditional bail and will reappear before magistrates on August 24.

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yourletters



Situation beggars belief

SIR - I could not believe it when I read in your newspaper last week about how Luton is still unrepresented on the Bedfordshire Police Authority one month after the nominations were first rejected.

How on earth has this been allowed to drag on?

The police authority is a very important committee and for Luton to have no representation on there because councillors from the Labour and Liberal Democrat parties can't come to an agreement on the correct political representation it should have is absolutely ridiculous.

What will happen if three Labour councillors are elected to represent Luton, as they were more than a month ago, and they get rejected again by the police authority?

Is this circus going to be allowed to continue?

Those involved should stop bickering and get on with the job in hand - supporting Luton and its residents.

Laura West
Leagrave Road, Luton

Kids vouchers donation

SIR - Colleagues at Sainsbury's Bramingham Park donated their unwanted Active Kids 2011 school vouchers to a local school.

Out of many nominations, Woodlands Secondary School in Marsh Farm was randomly chosen.

Woodlands Secondary School are a deserving winner as they help to promote an informed understanding of disabilities and a collaborative desire to identify and remove barriers to learning, achievement and progression into adulthood.

From all at Sainsbury's Bramingham Park, congratulations.

Vivienne Long
Sainsbury's Bramingham Park

Station needs a lift

SIR - I was appalled when I read your page 14 story in the paper last week regarding the broken lift at Luton train station.

How are disabled people, those who have walking difficulties and those with pushchairs meant to access the station?

I understand that the council is facing an extremely tough time with all the cost-cutting measures that they have to implement but leaving a lift broken and making those who can't use the stairs go all the way around to the other entrance is totally unfair.

Also the excuse that parts take time to source seems a bit farcical - it has had at least three months to get them. Surely this is more than enough.

I'm sure this will only add to commuters' frustration with the train station - which has never had a good reputation.

In 2009 it was voted one of the worst in the country and it will take a hell of a lot of improvement to get rid of its bad name.

Amy Wallace
Bishopscote Road, Luton

Parents need to learn

SIR - It has recently been reported that fewer than half of all parents remember to move hot drinks away from small children.

Latest surveys also show that most

Police need to be carrying guns

SIR - As a law-abiding citizen I have a lot of respect for the police. On June 23, I watched Traffic Cops, on BBC1. I hope that what I saw was just for the camera.

Luton police came across as too polite, too soft.

They seemed to lack authority. They were sorry they had to arrest a Polish man who caused a death by dangerous driving in his home country.

Then there was the Asian copper who was fasting. He hadn't eaten or had a drink for 16 hours yet he was on the front line.

He got into a bit of a state while

chasing a youth. If they are too scared to use their taser guns, ask Johnny Knoxville from Jackass to teach them. Their temperament was more like Sergeant Wilson from Dad's Army.

All jokes aside, you have to be brave and command respect to be a copper.

Political correctness and human rights have robbed them of their identity.

I think it's time for all cops to carry guns and know how to use them.

John Tucker
Bracklesham Gardens, Luton



parents do not store cleaning products safely or strapped their child into a high chair.

We know already that more than one million children are involved in accidents at home every year. As we mark Child Safety Week, we note that we can't let our society run on 'autopilot'.

We advise parents that simply being alert to the risks of injury which youngsters face is not enough. Accidents are inevitable and parents need to be more aware of what they can do when injuries occur.

That's why the British Red Cross has set up the Children First Aid website www.childrenfirstaid.redcross.org.uk a free online learning resource for parents and carers of children.

Some of the most common injuries are burns caused by ill-placed cups of coffee or tea, BBQs and hot surfaces. Quick intervention can decrease the severity of the burn, the distress to your little one and reduce potential scarring.

To treat a burn:

- Run the injured area under cold running water for at least ten minutes

- Once cooled, cover with kitchen film to prevent infection
- Seek medical advice.

By having access to these easy to learn skills, parents and carers can reduce the seriousness of injury, promote recovery and ultimately save lives.

Joe Mulligan
British Red Cross

Spare animals suffering

SIR - Animal Aid has launched a new high-profile campaign, aimed at persuading medical research charities to stop funding animal experiments.

Our report, Victims of Charity, describes how charity-funded medical researchers have deliberately damaged monkeys' brains with toxic chemicals, systematically destroyed dogs' hearts, tormented mice in

water mazes and injected them with cancerous tissue.

Our investigators - led by a medical doctor and a veterinary surgeon - concluded that years of animal-based research into cancer, dementia, heart disease and Parkinson's has not only caused immense animal suffering but has also been a wasteful and futile quest that has failed to advance the cause of human medicine.

Therefore, Animal Aid is urging people to donate only to the many medical charities that confine themselves to funding non-animal methods such as the use of donated human tissue, microdosing, computer modelling, imaging technologies, clinical observation, autopsy studies and epidemiology.

In addition, people can still help the patient support work of charities that do fund animal experiments by volunteering at the charities' therapy sessions, as well as one-to-one befriending and support.

A list of charities which do and don't fund animal experiments is available from Animal Aid or at www.animalaid.org.uk.

Please also ask for our campaign postcards addressed to four major charities that still fund animal research.

Andrew Tyler
Animal Aid

Discover joy of reading

SIR - Whenever I go on holiday I take a couple of changes of clothes and at least ten books.

I've been a total bookworm since I was six years old and I know there are thousands of children who love reading just as much as I do.

Here's a chance to have a happy time this summer taking part in a special reading challenge to help raise money for a children's charity.

Over the next three months, children of all ages are invited to take part in the Big Book Challenge, in aid of The Children's Trust, Tadworth.

The aim is to encourage children

to read as many books as possible during their summer break - come rain or shine.

Friends and family can sponsor them to raise money for the Children's Trust, a national charity which supports some of the UK's most profoundly disabled children.

No matter how old, everyone loves a good story.

It's a great opportunity for all the family to get involved.

The children at the trust will be joining in too with storytelling evenings and activities.

Every penny raised will make a positive difference to the lives of the children and families that The Children's Trust supports.

There's nothing like a good book, whether you're lying on a beach, sitting in a tent, or curled up on your own sofa at home.

It could be any kind of book - funny, fantasy, factual - whatever you or your child fancy.

I hope children and young people will really enjoy taking part in this challenge - and that a lot of money is raised to support the work of The Children's Trust.

Everyone who takes part will receive a certificate and those who raise over £50 in sponsorship will receive a free copy of The Bestest Ever bear poetry book. For more information and how to get started go to www.thechildrenstrust.org.uk/bigbookchallenge or call 01737 365019.

Dame Jacqueline Wilson
On behalf of The Children's Trust

All in this together?

SIR - It is telling that in modern, affluent Britain, more than 13.5 million people, including 3.8 million children, are in financial need.

The report by the Fawcett Society (Single Mothers: Singled out) merely confirms what those of us working in this area are concerned about - the changes to welfare benefits could promote social inequality and penalise the worst off.

The full-time gender pay gap between women and men is 15.5 per cent, which is already one of the highest in Europe.

It is possible that the proposals could not only widen the gap between rich and poor further, but already marginalised women could be forced to bear the brunt.

While everyone accepts the need to swallow some very painful medi-

cine in order to tackle the deficit, that medicine should be fairly distributed and not disproportionately impact those who already struggle to make ends meet.

Rob Tolan
Elizabeth Finn Care

Crying shame of LuDun

SIR - Most people in this town will by now know that Central Bedfordshire Council and the 'puppet' trustees recently achieved their long-held ambition in closing the LuDun sheltered workshop and putting 23 disabled workers on the dole.

Despite assurances that the trustees were only looking to dispose of some surplus equipment, auctioneers were pricing up the machinery long before the factory actually closed.

Well, the public auction took place on June 7, just 13 days after the last worker left the premises.

Everything from the office furniture to the building's recently-installed heating system went under the hammer, raising a grand total of £32,291 (plus VAT less auction fees), a fraction of the equipment's true worth as assets of a working factory.

The fact that even the fixtures and fittings were sold makes me think that demolition of the building itself is imminent. Who is otherwise going to use a building without a heating system?

The adjacent factory has already been flattened, so it would be very easy to push through onto the LuDun site and replace it all with housing.

Bearing in mind that the GMB union is pressing for a legal review of the closure it is my belief that Central Bedfordshire Council is looking to obliterate every trace of this once-proud little factory as quickly as possible in case it is asked to re-open it.

Amazing the haste in which these people can act when it is their own interests, isn't it?

LuDun was originally an independent charity. Then the council got involved and took over.

Now look at it - disabled workers who will probably never work again, and employment opportunities denied for the less able in the future.

It is enough to make you weep.

Tom Lucas
Rickyard Close, Luton

Chance to run for charity

SIR - World Cancer Research Fund (WCRF) is offering athletes who have missed out on a place in the Great North Run the chance to compete in the prestigious half-marathon.

We have a number of reserved places for those who can raise £350 for our cancer prevention education and research programmes.

The race is being held on September 18 this year but those who want to run for WCRF must apply by Wednesday, July 6 before the race entry system closes.

In addition to free entry to one of the highlights of the UK running calendar, WCRF provides runners with the full support of our dedicated events team as well as training and nutrition advice.

To sign up visit www.wcrcf.org/signup or contact the Events Team on 020 7343 4200 or via email on events@wcrf.org.

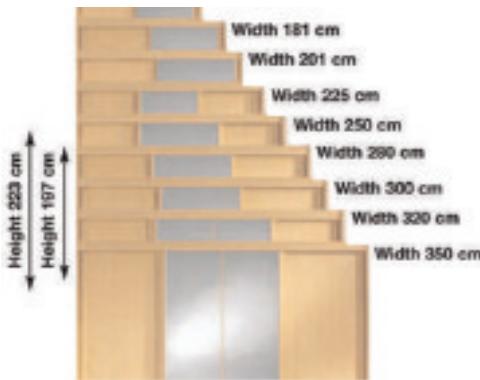
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letters policy

LETTERS, preferably a maximum of 300 words, must arrive by 3pm on Wednesday. Full name and address must be supplied. Details will be withheld only in exceptional circumstances. Write to: Letters to the Editor, Luton on Sunday, 28 King Street, Luton, LU1 2DP. You can also email your letters to: editor@lsonmedia.co.uk

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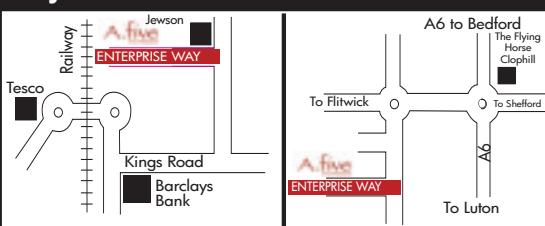
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Strategy for future to proceed but will need some tweaking

BY SOPHIE SCOTT

sophie.scott@lutononsunday.co.uk

A PLAN to build thousands of homes will go ahead – but amendments will need to be made to it to make sure it can be approved by a Government inspector.

At a meeting of Luton and South Bedfordshire Joint Committee last Friday options were put forward to either withdraw, defer or continue the Core Strategy, which sets out plans for housing, employment, roads, community facilities and schools for the next 15 years.

In May Inspector David Vickery called a meeting to discuss signif-

icant concerns about the content of the plan, which the committee believes will be able to continue.

In the meantime, there will be a number of changes to the strategy in light of comments made by the Planning Inspector, to make it clearer, details of which will be presented to the committee – which is made up of Luton and Central Bedfordshire councillors – when it next meets on July 29.

In addition, the two councils have pledged to work closely together in a bid to reassure the inspector they are committed to delivering the plan.

A joint statement from the chairman of the Joint Committee, Luton Cllr Roy Davis, and vice-

chairman Central Beds Cllr Nigel Young, said: "It has been agreed to continue with the Core Strategy.

"We have responded positively to the suggestions of the Planning Inspector for improvements to our Core Strategy and we are grateful for the assistance that the Inspector has offered to date in ensuring we present the best possible plan to help our local communities grow in a sustainable way.

"Despite the challenges that remain, we are confident that goodwill on all sides will prevail, and that we will be allowed to provide the much needed jobs and housing for our area."

Consultations begin on planned new primary school

PLANS have been put forward to build a new primary school in Luton.

An application submitted to Luton Borough Council on June 13 revealed that a new car park,

external paved areas and landscaping works to the banks of the River Lea next to the site are also proposed for the Wardown Swimming Centre site in Bath Road.

This is all to be built after the demolition of the leisure centre building.

Consultations on this were sent out last week and the deadline for comments is July 13.

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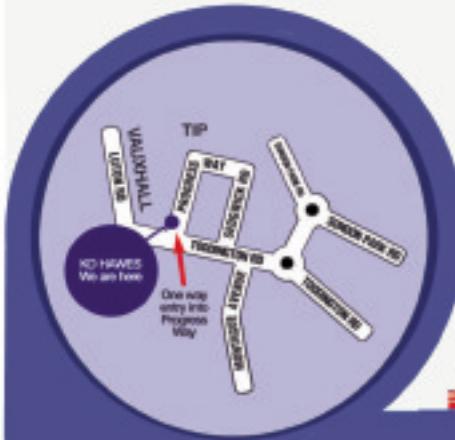
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For further information call:

Lynsey Doyle, Study Co-ordinator: 01582 497422

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Food safety team's

OUTBREAKS of E.coli have been widely reported in the news in recent weeks, with people in Britain getting ill after eating suspect food in Europe.

It is the job of one department of the council to deal with anything similar happening in the town.

The team of food safety inspectors at the authority are there to make sure no food outlets fall behind in hygiene and if they do, take necessary steps to make sure it doesn't happen again.

But, because of the cultural diversity of the town, there is a higher proportion of diseases such as typhoid.

Food safety officer Sara Hawkes explains how when people have lived in Asian countries they will most likely build up a tolerance to diseases such as typhoid.

But when they move to the UK they, more often than not, do not get vaccinated against the disease.

When they then go back their tolerance to typhoid has weakened and they are more susceptible to it.

Mrs Hawkes said: "It is something that we really want to make people aware of.

We turn up unannounced so the business doesn't know we are coming. We deal with infectious diseases such as food poisoning, travel related illnesses such as typhoid and general enquiries from the public.

"We inspect anywhere that serves or sells food; that could be

from your corner shop to schools,

hospitals, takeaways, restaurants. Every time we do an inspection we look at three main things.

"There are general hygiene conditions of the place, the structure of the premises and how clean the premises are. If there is flaking paint, damp, or if there is bare brick.

"All the surfaces have to be clean and washable so if there is bare brick they can't be wiped clean.

"We also look at how the business is managed.

"Most of the time we don't find any problems and if there are they can be resolved by giving advice.

"But there are occasions when we do have to prosecute but that is usually in exceptional circumstances.

"We sometimes get our best intelligence from the public. We are always out and about in the town.

"We score businesses on a star rating from zero, which is the worst, to five, which is exceptional, and anywhere in between."

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HYGIENE: Food safety officer Sara Hawkes

There is a risk to people who are having barbecues.

Mrs Hawkes says if you follow this advice you should be safe:

- Don't leave food out of the fridge for long periods
- Wash and peel all your vegetables

- Do not eat raw beansprouts
- You do not need to wash chicken before cooking, this can spread bacteria, but make sure it is cooked thoroughly, is piping hot and not pink when serving
- Always use different tongs or forks for handling raw and

cooked food. To check out more safety advice go to www.luton.gov.uk and to find out how a business is rated by the council go to www.luton.gov.uk/foodscores or visit the council's Twitter page at www.twitter.com/lutoncouncil



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16 July 2011

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steve lowe

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Pensioners have the right to enjoy a pint, or more

MY dad liked a beer, by which I mean several beers. This appetite did not diminish after he retired, so, were he still alive, he would be fuming about the latest nanny-state proclamation.

Health bureaucrats are warning us that some people who are more than 65 years old are drinking too much.

Worse still, according to nanny, they are mainly doing it at home, where no-one can see it and thereby control it. They are probably drinking it at home not from choice but because they can't afford to go out any more. But back to the story.

What is even more alarming, says nanny, is not only that they are drinking too much and drinking at home but they should not be drinking what is good for the rest of us because their blood is thinner and they are likely to be on pills.

So pensioners should be restricted to half a pint a day. I can hear my dad's snort of derision from the grave.

The report calls on the Government to take action

about this great problem and to make sure GPS screen every person over 65 for substance misuse.

So, one of the few pleasures left to people who have retired, if they are lucky enough to afford it, of nipping to their local for a bit of company while downing a few pints, is to be denied. And doctors will also no doubt have to check if they are taking more than their prescribed limit of pills, in case they get a kick from it.

While they are at it, they can also ban viagra to the over-65s, as too much exertion might be bad for them.

Or everyone could just back off and recognise these people, along with all other adults, have a right to live their life as they see fit, providing they are not breaking the law or harming others. And if it shortens their lives a bit because of their behaviour, so be it.

As has been said, cutting out alcohol does not lengthen your life, it just feels like it.

Why does the state feel it has the right to continually interfere in its citizens' lives?

Surely the Government is struggling enough trying to cope with the matters that are in its remit, without having to worry about a few pensioners who may be relaxing in the garden with a pint in front of them.

Once they have sorted out the debt crisis, the economy, the NHS, education, defence cuts, the EU, immigration and a fairer justice system, pensioners will have a word to say to them. Likely it will be 'cheers'.

ANICE little row is brewing over what Bedford's cafe society should look like.

Some are less than happy at having a mobile food van parked on The Embankment, while others think it's just fine and dandy. Do we want a posh cafe society, or just more caffs? I'm all for posh. More to the point, why cannot The Embankment Hotel have chairs by The Embankment, which would happen in every other country in Europe. And if the council wants to be pro-active, why does it not use its facilities in the Harpur Suite to serve a cafe in Harpur Square?

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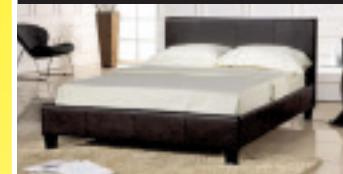
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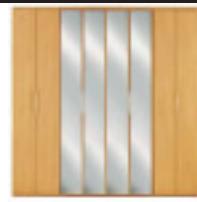
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Arrests after two victims injured in assault

TWO people were arrested after a 29-year-old man was attacked and had his jaw broken.

The 19-year-old man and 21-year-old woman have both been released on bail as police continue the investigation into the assault outside The Exchange Club in King Street, Luton, which also left the victim with a shattered cheekbone.

It happened at around 3.55am

on June 26 and officers are seeking information from the public regarding a third person involved in the attack.

Detective Constable Mark Bryce, investigating, said: "We believe another person was involved in this incident and he is described as a black man, approximately 5ft 11ins tall with a medium build.

"He was wearing dark shoes,

dark jeans, a black jumper and a black beanie hat.

"It is important that anyone who witnessed this assault or anyone who has information about the identity of this third person speaks to the police."

Anyone with information can contact Det Con Bryce, in confidence, on 01582 394193, or Crimestoppers, anonymously, on 0800 555 111.

Blade attack boy, 16, suffers head wound

BY CHRISTINA JOHNSON

christina.johnson@lutononsunday.co.uk

A TEENAGER was attacked by a man with a knife and suffered a four inch wound to his forehead.

The 16-year-old was in Garrett's Mead, Luton, when he was approached by a man in his early 20s who used the knife to cut the victim's face and ear.

The attacker is described as a black man, around 6ft tall with short black hair and wearing a grey hooded top.

Detective Sergeant Marie Gresswell is keen to trace anyone who saw the incident which took place on June 20.

Anyone with information can contact her, in confidence, on 01582 394280.

In a separate knife attack, last week a convenience store was robbed and its staff threatened with a blade.

A man entered Leona Polish Groceries in Strathmore Avenue, Luton and demanded the till be opened.

Frightened by what was happening the member of staff opened the cash draw and the robber took a quantity of money before leaving the scene.

Detective Constable Tom Stean said: "The shop assistant was left shocked by what had happened

but she did the right thing not to challenge the offender who was holding a knife.

"I would like to urge anyone who has information that may help trace who was responsible for this crime to contact the police and they can give information completely anonymously."

The robber, who struck at around midday on June 25, is described as a white man wearing a blue hooded top and a bandana over part of his face.

Anyone with information can contact Det Con Stean, in confidence, on 01582 394029, or Crimestoppers, anonymously, on 0800 555 111.

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- Double Bedrooms

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- Extended Semi-Detached
- Extended Lounge
- Dining Room
- Extended Kitchen/Breakfast
- Shower Room
- Double Glazed
- Mature Gardens
- Overlooking Parkland

St Annes Price £174,995



- Three Bedrooms
- Lounge
- Dining Area
- Modern Fitted Kitchen
- Shower Room
- Double Glazed
- Gas Central Heating
- Double Glazed

Wigmore Price £259,995



- Immaculate Condition
- Detached Home
- Cul-de-Sac Location
- Four Bedrooms
- Re Fitted En Suite
- Fitted Kitchen
- Double Glazed
- Mature Gardens
- Garage
- Must Be Seen

Bushmead Price £184,950



- Semi-Detached
- Three Bedrooms
- Fitted Kitchen
- Conservatory
- Cloakroom
- Double Glazed
- Driveaway
- Garage/Store Room

Leagrave Price £249,995



- Detached Bungalow
- Three Bedrooms
- Lounge / Diner
- Fitted Kitchen
- Cloakroom
- Double Glazed
- Excellent Condition
- Garage

Stopsley Price £255,000



- Detached Bungalow
- Three/Four Bedrooms
- Large Landscaped Garden
- Large Summerhouse
- Dining Room
- Fitted Kitchen
- Conservatory
- Double Glazed
- Off Road Parking

Bushmead Price £194,950



- Three Bed Detached
- Lounge / Diner
- Fitted Kitchen
- Cloakroom
- En-Suite
- Double Glazed
- Garage
- Popular Location

Old / New Bedford Road Area Price £309,995



- Four Bedroom Detached
- Double Garage
- Large Driveway
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Limbury/Icknield Price £249,950



- Detached Chalet
- Bungalow
- Two / Three Bedrooms
- Fitted Kitchen
- Bathroom and Shower Room
- Double Glazed
- Mature Gardens

Stopsley Price £229,995



- Four Bedroom Detached
- Extended
- Cloakroom
- 20ft Lounge
- Dining Room
- Fitted Kitchen/Breakfast
- Full Double Glazing
- Cul-de-Sac Location
- Four Bedrooms
- Lounge

Ludlow Avenue Price £395,000



- Private Road
- Gated Access
- Prestigious Location
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Old / New Bedford Road Area

Price £219,995



- Three Bedrooms
- Immaculate Condition
- Lounge
- Dining Area
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- Off Road Parking

Biscot Price £67,950



- Second Floor Flat
- Double Bedroom
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Dallow Road Area Price £44,950



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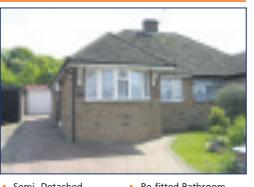
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East Dunstable Price £235,000



- Extended Detached Home
- Lengthy Lounge/ Diner
- Kitchen/ Breakfast Room
- Shower Room
- Bathroom
- Gas Central Heating
- Double Glazed

East Dunstable Price £169,995



- Semi-Detached Bungalow
- Re-fitted Bathroom
- Lounge / Diner
- Garage & Driveway
- 2 Double Bedrooms
- Re-fitted Kitchen
- Garden To Rear
- Cul-de-sac Location

Dunstable Town Centre Price £107,995



- Top Floor Flat
- 2 Bedrooms
- Lounge/ Diner
- Kitchen
- Bathroom
- Double Glazed
- GCH To Radiators
- Allocated Parking

South West Dunstable Price £119,995



- Ground Floor Apartment
- Security Entrance System
- Lounge
- Master with En-Suite
- Further Double Bedroom
- Family Bathroom
- Allocated Parking

North Dunstable Price £179,950



- End of Terrace House
- Hall & Cloakroom
- Living Room
- Kitchen
- Master With en-Suite
- 2 Further Bedrooms
- Family Bathroom
- Allocated Parking

South West Dunstable Price £225,000



- Extended Semi-Detached
- Detached
- Lounge & Dining Room
- 3 Bedrooms
- Conservatory
- Kitchen/ Breakfast
- Downstairs Shower Room
- Allocated Parking

Studham Price £394,995



- Extended Semi-Detached
- 2 Reception
- Kitchen/ Breakfast Room
- En-Suite
- 3 Further Bedrooms
- Family Bathroom
- Corner Plot

Dunstable Town Centre Price £184,950



- Individual Detached Home
- Hall & Cloakroom
- Lounge With French Doors
- 2 Double Bedrooms
- Spacious Bathroom
- Gardens To Front and Rear
- Allocated Parking To

North Dunstable Price £189,995



- Extended End Terrace
- 3 Bedrooms
- Dressing Room
- Bedroom
- Shower Room
- Double Garage

East Dunstable Price £209,995



- Extended Semi-Detached
- Lounge
- Separate Dining Room
- UPVC Conservatory
- Kitchen
- Three Bedrooms
- Bathroom
- Garage

Dunstable Town Centre Price £142,995



- Terraced House
- Entrance Hall
- Kitchen
- 2 Double Bedrooms
- Bathroom
- Allocated Parking
- No Chain

South West Dunstable Price £325,000



- Extended Detached Home
- 3 Receptions
- Kitchen/ Breakfast Room
- Master With En-Suite
- 4 Further Bedrooms
- 2 Further Bathrooms
- Good Size Garden

North Dunstable Price £199,950



- Hall & Cloakroom
- Lounge
- Kitchen/ Diner
- Master With En-Suite &
- Dressing Area
- 2 Further Double Bedrooms
- Family Bathroom
- Allocated Parking

East Dunstable Price £284,995



- Annexe To Side
- Extended Semi-Detached
- Spacious Accommodation
- Lengthy Lounge/ Diner
- Kitchen/ Breakfast Room
- 4 Bedrooms
- 3 Bathrooms
- Lounge In Annexe

Household Estate Agents are now in receipt of an offer for the sum of £315,000 for 7 Leighton Road, Edlesborough, LU6 2EH.

Anyone wishing to place an offer on this property should contact Household Estate Agents, 15b High Street North, Dunstable, LU6 1HX, 01582 477077 before exchange of contracts.

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As a country, we are seeing the toughest property market for years. It's hard on everyone – buyers, sellers and estate agents alike. As independent estate agents, we know that new business is difficult to gain; but we are alarmed at the desperate techniques we are seeing employed by some agencies – these strategies give us all a bad name.

Pushy sales techniques – a no-obligation valuation turns into an exercise in forbearance for the poor home owner as he desperately tries to get rid of the negotiator trying to get him to sign a contract he isn't ready to commit to – a contract that will tie him in for up to 5 months with an agent he is already stressed with.

Some agencies even over-value a property in order to gain an instruction. This looks great on paper, but not so great when the property is advertised week after week with no offers – and definitely no sales - until the same agent that valued the property in the first place recommends the vendor reduce the price. To closer to what it should have been in the first place, of course.

And we are risking a national tree shortage due the sheer volume of cards and leaflets being delivered through the letterboxes of potential vendors – sometimes 7 or 8 in a week from the same agent

to the same property – all of which inform the owner 'we may have good news for you'...or we may not...

Agents also know the importance of high board presence. Board presence is important, no doubt about it; but a high volume of 'for sale' boards does not equate to a high volume of sales. And an agency that looks like it gains a high volume of instructions looks reliable – but take a closer look...some of these boards may not be what they seem...sneaky, huh?

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We will stay in regular contact, and pro-actively pursue all potential buyers until your property is sold. If the property is struggling to sell, we will discuss with you possible reasons, and potential solutions. That's it. No tricks, no techniques – just good business.



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- Desirable Location



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- Enclosed rear Garden
- Parking
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- Allocated Parking
- Barton Hills Location
- Viewing Recommended
- Two Bedrooms



STUNNING VIEWS | £189,995

- Conservatory
- Off Street Parking
- Cul-de-sac Location
- Barton Hills
- Stunning views
- No Upper Chain
- Garage
- Three Bedrooms



LINK DETACHED | £189,995

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- Link detached
- Refitted kitchen/diner
- Conservatory
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- Popular development



Barton Hills | Bushmead | Warden Hills | Leagrave | NBR | OBR | Icknield | Saints | Sundon Park | Limbury Mead | Luton

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Vauxhall Park | £700

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bathroom White goods Gardens



High Town | £800

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Town Centre | £475

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Warden Hills £325,000

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driveway

Old Bedford Road
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bathroom Loft room Garage at rear



Leagrave | £160,000

3 beds 27' lounge/diner 20'10" kit/utility rm
Breakfast room Gas c/h Dble glaz. garage gardens,

Vauxhall Park | £149,995

3 bed end of terrace Hall 18'3" lounge Separate kitchen
Gas c/h Dble glazed Wardrobes Garage in block

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business

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Graham Coultas,
head of Start-up
at Business Link
in the East of
England

Workshops to help you get started up in your business

BY CHRISTINA JOHNSON

christina.johnson@lutononsunday.co.uk

THIS summer, Business Link is urging would-be entrepreneurs in Bedfordshire to take the plunge and seek help with turning business dreams into a reality.

Business Link's start-up professionals are running a Summer Start-ups campaign to help the county's residents get a taste for what it's like to run a business and get started on the journey to self-employment.

With a series of free workshops to help with everything from making decisions about whether to start up, right through to writing a business plan and finding customers, Summer Start-

ups really does provide something for everyone. Graham Coultas, head of Start-up at Business Link in the East of England, said: "The Summer Start-ups campaign provides local entrepreneurs with a range of free and impartial services to really benefit them in turning business interest into action.

"In fact, our research shows that start-ups using the support on offer from Business Link are 18 per cent more likely to survive for more than three years than those with no support.

"Becoming your own boss can be rewarding, but many of us have no idea how to get started, or even whether starting a business is the best option.

"That's where Business Link comes in: we help thousands of

people to start-up in business each year and it's our job to provide support from the very start, right through to the first days of trading and beyond."

The first step is coming along to the 'Is it for me?' workshop, so book now by visiting www.startupbusinesslinkeast.co.uk

In the past year, Business Link in the East of England has provided help and advice to a staggering 13,722 entrepreneurs in the early stages of starting a business, with ongoing support given to 3,636 firms in the first year of trading.

For more information on the support available from Business Link in the East of England call 08457 171 615 or email questions@businesslinkeast.org.uk

BoSSIE

	May 27	Jun 24	Change
Alexon	11.25	10.75	-4.44%
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Beales	37	36.75	-0.68%
Capita	723.5	713.5	-1.38%
Charles Stanley	328.5	324	-1.37%
Easyjet	361	349	-3.10%
Johnston Press	5.25	5.46	+4.00%
Kier	1303	1319	+1.23%
Luminar	5	6.04	+20.90%
Persimmon	479.4	461	-3.67%
Shanks	124	121.7	-1.85%
Unilever	1940	1970	+1.55%
Whitbread	1624	1573	-3.14%
Bossie	865.32	859.05	-0.72%

THE Bossie is an unweighted average of stock price changes (rebased to 1000 in March 2006) for a selection of companies with a Bedfordshire presence. Prices and commentary for the Bossie are provided by David Hill of Charles Stanley Stockbrokers. For professional stockbroking or investment advice, please call 01234 718 988. Charles Stanley & Co. Ltd is a member of the London Stock Exchange. Authorised and regulated by the Financial Services Authority. Member of the London International Financial Futures and Options Exchange, International Capital Market Association. © 2011.

Emerging markets becoming an key part of investment portfolios

RECENTLY, the merits of investing in UK equities for income in the current environment of record low interest rates and high inflation have been highlighted.

A carefully selected portfolio of high-yielding FTSE 100 companies can provide dividend growth as well as inflation-beating returns. However, investors are increasingly turning to global emerging markets where it is possible to find established companies with solid growth prospects and

progressive dividend policies. Some Thai and Taiwanese firms have produced double-digit dividend growth over the past five years, while Brazilian firms are compelled to pay out at least 25 per cent of their earnings as dividends.

Investment managers at Charles Stanley's Bedford office believe emerging markets are becoming an essential part of investment portfolios because dividend payments are highly concentrated in the London

stockmarket with the top ten yielding shares providing almost 50 per cent of the total dividend income.

Managed funds and investment trusts can partially mitigate the well-publicised risks associated with emerging markets, while gaining exposure to favourable demographics, a nascent consumer culture, higher corporate profitability and a decreasing reliance on Western markets to support their exports.

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Sat 17 Sep 7.30pm

business monthly

Companies warned to be aware of fraudulent firms

BY CHRISTINA JOHNSON

christina.johnson@lutononsunday.co.uk

LUTON Borough Council's Trading Standards Service is warning businesses to take care when dealing with any organisation offering goods or services, such as placing an advertisement in a newspaper or when buying products like stationery, toner or ink cartridges.

Just as consumers are being subjected to an increasing number of scams, the danger is that businesses can easily fall victim as well.

Trading Standards is currently investigating reports of companies advertising goods or services where either the company or the goods appear to be unreal or misleading.

Scam companies often have impressive websites and

advertisements about their services, but this is just a smoke screen.

Cllr Mohammed Ashraf, portfolio holder for Trading Standards, said: "Buyer beware should be your motto.

"Before you part with your money, make a few simple checks to ensure the company you are using to place your advertisement or to buy products or services from is

genuine. If you haven't used them before, try checking their name, address and telephone number and ask around to see if anyone else has used them."

If you are a business and think you have been approached by a scammer, call Trading Standards on 01582 547262.

If you need a reliable trader visit www.buywithconfidence.gov.uk

Councillor
Mohammed
Ashraf



Councillor
Roy Davis

Council need sample for economic climate survey

BUSINESSES are being asked to give their views on what Luton Borough Council and other partners can do to help them by filling out an online survey.

The Bedfordshire & Luton Joint Business Survey, which is being conducted by BMG research, has been commissioned alongside Central Bedfordshire and Bedford Borough Councils in order to

provide a valuable and up to date picture of the current economic climate for companies.

Results from the survey will highlight key issues facing businesses, as well as what the council can do to help with these challenges.

A sample of 250 businesses in Luton will be contacted directly by telephone. The council is also

encouraging all other businesses in the area to take part in the survey online, in order to provide the widest possible feedback.

Cllr Roy Davis, executive member for regeneration, said: "The more businesses which fill out the survey, the better quality of information we receive.

"The aim is for the council to fully understand exactly what businesses

want us to do right now in order to help them.

"The survey only takes around 20 minutes to complete, and you will be helping to contribute to the overall regeneration and prosperity of local businesses in Bedfordshire. I would strongly encourage all local companies to take part."

To fill in the survey, visit www.luton.gov.uk/businesssurvey

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Advice on how to sell your business for a huge profit

BY CHRISTINA JOHNSON

christina.johnson@lutononsunday.co.uk

BUSINESS owners wanting to hoist the 'for sale' sign in order to spend more time with their families and friends, or even move on to their next project, often turn to their accountant as the first crucial step to selling their greatest asset, which may not always be a good thing.

This is the view of international mergers and acquisitions specialist BCMS Corporate.

BCMS Corporate, which sells more mid-market private companies in the UK than any other corporate finance house, is offering those who are considering a sale now or within the next three years - as well as those who are just curious about the value of their business - the chance to attend a free seminar on July 19, at Luton Hoo Hotel.

One in a series of half-day seminars taking place across the country over the next six months,

the instructive corporate event will present seasoned mergers and acquisitions experts who will answer delegates' questions as well as give practical advice on hot topics, such as finding ideal potential buyers, generating a competitive bidding process, and negotiating and closing the right deal for the maximum value.

The event's two informative sessions are crammed with facts and real examples of companies that have been brought to market successfully (or unsuccessfully), providing business owners on the Hertfordshire and Bedfordshire borders with insights into the factors that can influence a business sale as well as revealing why so many companies fail to sell, what motivates buyers to pay more and, more importantly, how to get the maximum value.

As a bonus at the end of the seminar, delegates will be given an invaluable 78-point checklist to get them started on their

journey to a successful business sale as well as a free copy of the publication 'A Refreshingly Different Approach to Selling your Business for its Maximum Value'.

Dave Rebettes, director of BCMS Corporate, said: "These informative, fast-paced sessions aim to give owners and shareholders of businesses with a turnover exceeding £1 million in the Luton area sound advice based on 20 years experience of selling businesses."

"By the end of the seminar, attendees will know how to go about generating maximum value for their business, which will consequently give them the financial freedom to spend more time with family and friends, or even to get started on their next project."

To attend this seminar, book online at www.bcmsscporate.com or call 01635 296073. There is no charge for the half-day event, but places are limited.

Sort out your tax benefits over the phone

YOU can now sort out your business rates, pay your council tax, or get information on your housing and council tax benefits by telephone 24/7.

After the success of the out-of-hours only telephone service introduced in Luton last year, the council is now operating an automated self-service for a range of services.

For business rates, you should call 0300 790 0349, for council tax, you dial 0300 790 0340 and for housing and council tax benefit, it is 0300 790 0345.

After dialling the relevant number, you press a number on your telephone key pad during the introduction - described as a hot key - to link you to the service you want at whatever time of day or night suits you.

You will then hear more information and advice.

Calls are charged at a local rate. Cllr Robin Harris, portfolio holder for business transformation and efficiency, said: "We were pleased with the success of the out-of-hours enquiry service launched last year.

"The new service means people can access the service at a time most convenient for them, day or night."

The 24/7 service has already been successfully tried and tested by other authorities across the country including Ealing and Medway.

Councillor
Robin Harris

go to www.luton-dunstable.co.uk

New initiative is a 'win-win'

A NEW initiative aimed at providing businesses with expert advice and support is set to be launched on Tuesday.

The Timebank initiative, will be at Central Bedfordshire's Business Growth Clinic in Wrest Park, Silsoe, and will match providers of business services such as marketing, financial planning, sales and HR to businesses that are looking to start up, grow or move into the area.

The packages on offer include a free initial consultation on a wide range of business related topics with the aim of building long term relationships between companies.

Timebank will provide a support service when Business Link East ceases operation in November.

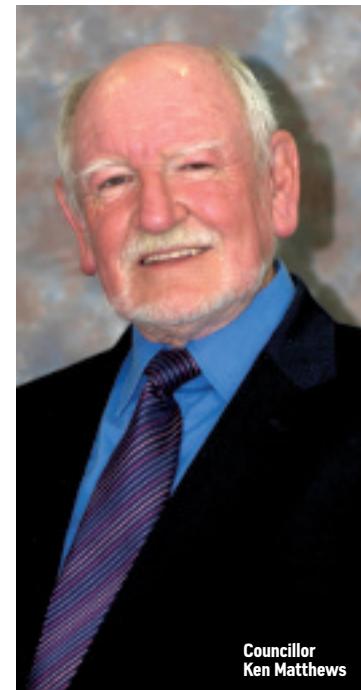
Cllr Ken Matthews, executive member for Strategic Planning and Economic Development at Central Bedfordshire Council, said: "Timebank offers a 'win-win' solution to local businesses."

"It's a great business development opportunity for those providing services and free initial business support for those looking to set up or grow."

"We are committed to achieving 27,000 new jobs by 2026 and we will encourage businesses to work together to help each other achieve this."

"We aim to get 50 businesses offering services to the Timebank within the first year of operation."

If you are a business service provider in Central Bedfordshire and would like to sign up for the Timebank or would like to attend one of the free business clinics operated in conjunction with

Councillor
Ken Matthews

University of Bedfordshire contact Vicky Hlomuka by emailing vicky.hlomuka@centralbedfordshire.gov.uk or calling 0300 3005297 for more information.

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business monthly

Food festival to the recipe of success to local eateries

BY JULIA SUTTON
editor@lsmmedia.com

SUPPORTING local restaurants, bars and food businesses is the focus of this year's Taste of Luton Food Festival.

Across the country food festivals are becoming recognised as an excellent way for towns to support and promote their local food and leisure businesses and consequently the local economy as a whole.

Luton Borough Cllr Roy Davis, executive member for regeneration, said: "As well as giving local people a fun event, we want to use the day as a platform to support these businesses and the leisure economy in the town."

"This is a challenging time for everyone and we aim for the festival to provide an ideal opportunity for these businesses to promote themselves and what they have to offer."

"This will be especially valuable at a time when people are considering Christmas parties and celebrations."

"We aim to continue our relationship with participating local businesses and organisations beyond the life of the food festival by working in partnership to develop a long-term range of initiatives to encourage people into the town at night."

"This will include establishing a forum of local businesses and organisations, such as



Food on offer at last year's Taste of Luton Cultural Food Festival



Jean Christophe Novelli

SoLUTIONS, that have a stake in the night-time economy."

The Taste of Luton Food Festival will take place on Saturday, September 10, in St George's Square.

It will officially open at 10.30am and close at 6pm. The celebrity guest on the day is local chef Jean Christophe Novelli.

The stall hire fee is £50 for those intending

to cook and/or serve hot food and who require us to provide equipment.

A fee of £15 will be charged to community groups or to those serving cold or dry goods and only requiring stall space.

If you would like to take part in the event or require further information contact Sinead McNamara on 01582 546265 or email sinead.mcnamara@luton.gov.uk

Ian Williams gets £50m maintenance contract

A MANAGEMENT company has secured a £50 million contract to provide maintenance and repair work for a housing association.

Ian Williams has signed up to a ten-year agreement with Bedfordshire Pilgrims Housing Association (BPHA) which will see it deliver a full range of services including repairs, refurbishment of empty homes, kitchen and bathroom renewals as well as decoration and external works.

The company will work in partnership with a number of other providers, including Mears, Hurley Electrical Contractors and TSG, to maintain the housing association's growing portfolio of 15,000 homes across the East of England.

Development director Mike Turner said: "We are delighted to have been awarded the contract by BPHA. The housing association is a proactive organisation that is committed to developing and increasing its stock which makes for a strong partnership with Ian Williams."

"This new contract helps secure Ian Williams' position as one of the country's leading facilities management companies."

Head of property services at BPHA, Julie Wittich, said that the new contract was awarded based on the organisation's proven background in providing quality and value for money in both work and customer services.

She added: "We engaged in a rigorous search to find the best contractors – organisations that would want to partner with us to deliver these vital services."

"We spend a substantial amount of money every year maintaining the inside and outside of our properties for our residents, so we wanted to appoint contractors with a good track record that would help us to meet the aspirations of our customers and create places where people are proud to live."

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business monthly

Don't let stress keep you down

STRESS workshop packages and targeting programmes are just some of the things on offer from Swan Coaching.

Its aim is to empower managers and individuals to deal with stress effectively for the long term and it has worked with numerous businesses successfully.

Steve Laidler, human resources manager at Rothamsted Research, said: "Stress is a factor that affects people in many different ways. Sandra prepared and delivered a series of very effective stress awareness workshops to a diverse audience of research fellows, management team and admin staff.

"Feedback following the events has been very positive, with people reporting immediate benefits.

"We very much look forward to continuing our relationship with Swan Coaching".

For more information, or to arrange a free consultation contact Sandra Swan on 01582 413013 or visit www.swancoaching.co.uk



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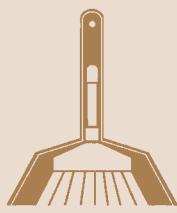
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business monthly



BY CHRISTINA JOHNSON
christinajohnson@lutononsunday.co.uk

As part of national Recycle Week last week, Central Bedfordshire Council encouraged residents to recycle, whether at home, work or out and about.

The current recycling rate for Central Bedfordshire stands at more than 50 per cent

but the council is aiming to raise this to 60 per cent by 2020.

Cllr Brian Spurr, executive member for Sustainable Communities Services at Central Bedfordshire Council, said: "Residents in Central Bedfordshire are already doing a great job within their homes, it is also about transferring that mentality wherever we are, be it out on a picnic during the summer months, at work or travelling about. Don't just put rubbish in the bin, think about what could be recycled or composted first."

"We need people to ask themselves a few questions such as do you recycle from every room in your house, even the bathrooms? Does your place of work have recycling facilities? If so, do you use them and could you ask your employer to do more? Do you recycle when you are out and about, when you're shopping and when you're on holiday?"

"By spending just a few extra seconds thinking about recycling, whether at home or away, we could reduce the amount of waste going to landfill

further and increase our recycling rates even higher."

Here are some home and away recycling advice and tips.

At home: Recycling bins are often found in the kitchen, but are rarely found in the bathroom despite this being where you'll find lots of recyclable plastic bottles such as shower gel, shampoo and conditioner containers.

These can all be recycled along with your paper, cardboard, cartons, plastic food packaging, tins, cans, foil and worn out textiles. Tip: When the bottle is almost empty, take off the lid and add a little water. This will make it go further and help rinse out the container ready for recycling.

In the community: Visit one of more than 100 recycling banks across Central Bedfordshire to recycle your glass bottles and jars. You can also recycle textiles at a number of the banks.

At work: Make use of any recycling schemes you have available to you such as recycling of paper, toner cartridges, mobile phones, plastic drinks cups and confidential waste. If you don't have recycling

schemes, why not ask your company if they could introduce them. Tip: What happens to all those tea bags, coffee grinds and fruit peelings in your office? If your place of work has an outside space, why not see if you can have a compost bin. You could have a caddy in the kitchen to collect all those organic items and turn them into compost.

At school: More than 90 per cent of schools in Central Bedfordshire receive a recycling service from the council, so make the most of this and install a recycling point in each classroom.

There are also many private sector companies which can offer used printer cartridge, old mobile phone or aluminium can recycling.

If recycling is part of a school ethos then students are more likely to develop good environmental behaviours. Tip: Check out the school's recycling guide.

At the supermarket: Supermarkets are making great strides in helping their customers to recycle, from recycling carrier bags, coat hangers, mobile phones, batteries, glass and textile banks with some supermarket cafés now recycling their food waste.

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business *monthly*

Law firm secures CQS accreditation

A LAW firm has secured membership of the Law Society's Conveyancing Quality Scheme (CQS) – the mark of excellence for the home-buying process.

Knowles Benning LLP, which has offices in George Street West, Luton, and West Street, Dunstable, underwent rigorous assessment by the Law Society in order to secure CQS status, which marks the firm out as meeting high standards in the residential conveyancing process.

It is the first law firm in any of its towns to receive this accreditation from the Law Society.

Law Society President Linda Lee said that the Law Society introduced CQS to recognise quality standards in the home-buying process.

She said: "CQS improves efficiency with common, consistent standards and service levels and enables consumers to recognise practices that provide a quality residential conveyancing service.

"Buying a home is one of the largest purchases anyone will make in their lifetime, so it is essential that it is done to the highest standard by a solicitor. There are many different conveyancing service providers out there, making it difficult for home buyers to identify those which can ensure a safe and efficient level of service."

Steve Atkins, partner at Knowles Benning LLP, said: "We are delighted to be one of the first firms in the area to secure the CQS accreditation, which I believe will be the benchmark for best practice in the property market for years to come. It underlines our commitment to providing an efficient and secure service with our client's best interests at the heart of everything we do."

For more information on the CQS visit www.lawsociety.org.uk/cqs

Lettings franchise takes award for second consecutive year



Dame Kelly Holmes, Belvoir managing director, Dorian Gonsalves, and Anthony Gaskell – regional manager of Endsleigh, sponsors of the best Lettings Agency Franchise category

BY CHRISTINA JOHNSON
christina.johnson@lutononsunday.co.uk

LETTINGS specialist Belvoir is celebrating once again after scooping major honours in both the 2011 Lettings Agency of the Year Awards and the annual awards scheme run by the British Franchise Association (BFA).

Belvoir, which has an office on Marsh Road, in Luton, run by Adrian Mason, was presented with 'Silver' at the Lettings Agency of the Year Awards, run in association with the Sunday Times and the Times.

It is the second consecutive win for the company in this major competition, judged by top industry experts, including The Property Ombudsman.

In the BFA Awards, Belvoir was also named 'Brand Builder of the Year', in recognition of the hard work which Mr Mason, along with other franchisees in the Belvoir Group, have put into refreshing the company's image in the market place over the past year.

At the awards, Olympic gold

medalist Dame Kelly Holmes, handed over the trophy to Belvoir managing director, Dorian Gonsalves, who said: "Winning such an award for two consecutive years in the Best Lettings Agency Franchise category is testament to the pride, passion and dedication shown by all our franchise owners in delivering consistent and outstanding customer service to their local landlord and tenant clients. It is a fantastic tribute to the entire network."

The judges stated: "Belvoir's franchise offering continues to impress and the judges are pleased to recognise the maintaining of the high standards shown previously."

"This lettings-only agency has established an exceptional brand, demonstrating professionalism and high standards at every level. Belvoir's team has established itself as experts and not only have profits increased, but a strong and steady growth of franchise applicants reinforces the high regard in which this franchise business is held by local owners themselves."

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business monthly

Griffin sign a reminder of Vauxhall's presence

THE VAUXHALL van factory building now has a brand new Griffin sign.

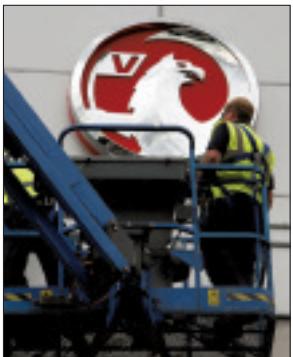
The firm, which had been in crisis over the past couple of years as a result of GM's financial problems, celebrated the decision in March to construct the new Vivaro van at Luton's Kimpton Road plant.

The Griffin emblem, put up two weeks ago in place of the old GM sign, now sits prominently on the building, 'reminding visitors of Vauxhall's presence and long-standing heritage in Luton.'

The following day a 'Home of the Vauxhall Vivaro' sign went up.

The decision to build the new Vivaro from the end of 2013 quashed fears the existing contract between Vauxhall and French counterpart Renault, which had been due to run out in 2013, to use the site could spell doom for 1,100 factory worker jobs there.

Plant director Mark Stein said: "Recent developments here in Luton prove that dedication and focus on the job in hand find recognition on all levels – in the



market, internally and also with the Government.

"The new Griffin will remind everybody of Vauxhall's long-standing manufacturing presence in Luton, building best of British commercial vehicles."

In January the Football Association has unveiled a new three-and-a-half year sponsorship deal with Vauxhall.

The agreement runs from

January 1, 2011, to July 31, 2014, covering the time period of Euro 2012 in Poland-Ukraine and the 2014 World Cup in Brazil.

As well as covering the men's national team, the deal also covers sponsorship of the other 23 representative England teams.

In April, David Cameron dubbed Vauxhall's Kimpton Road plant a 'great British success story' after he toured the plant as part of a national campaign trail ahead of the elections.

The Prime Minister said: "I must say what a pleasure it is to be here and I look at this as a great British success story concerning the record you have here and the future in terms of the new generation Vivaro van. I was looking at some of the figures – the fact you have done 12 million hours without a single lost day to safety or any other problem is an incredible record."

"I'm rather worried I'm spoiling it because the line is not moving while I am here. I think you are exactly the sort of business we need more of in Britain."



Corfu is a new destination for Monarch

BUDGET airline Monarch has expanded its scheduled programme from Luton Airport to include Corfu.

This service will operate on Mondays, Wednesdays and Saturdays and prices start from £68.99 one way including taxes and charges.

Simon Harley, business development manager at Luton Airport, said: "It is great to announce the start of this new scheduled service to Corfu with one of our trusted partners, Monarch, which has built on the success of its charter flights last year."

"With excellent weather, beautiful beaches, a wealth of historical sites and other tourist attractions, Greece is one of the sunshine destinations of choice for discerning travellers. Corfu even has the added advantage for sports lovers of being the home of Greek cricket."

This route is the 12th scheduled destination operated by Monarch from Luton Airport and summer 2011 will see a further 20,000 passengers attracted by low cost affordable air travel within easy reach of London, the South East and the Midlands.

Monarch is one of the UK's largest charter airlines, operating to Europe, the United States, the Caribbean, India and Africa, serving mainly leisure destinations. It also operates scheduled flights to many Mediterranean destinations, the Canary Islands, Cyprus, Egypt, Greece and Turkey.

The airline's main base and headquarters is at Luton Airport with other operational bases at Manchester, London Gatwick and Birmingham.

For further information or to book flights visit www.monarch.co.uk

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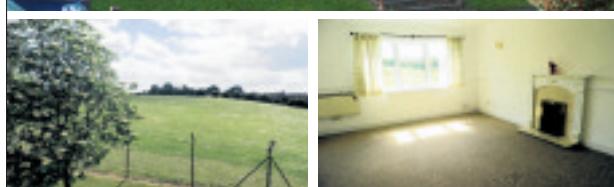
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- Close to Luton Town Centre
- Electric Heating
- Allocated Parking Space
- Unfurnished
- Available Now



Second Floor Apartment

- 2 Bedrooms Lounge/Diner • Kitchen • Bathroom
- Close to town centre & convenient for Railway station
- Quiet Location • Furnished • Available August



First floor flat

- Two Bedroom Flat in good order throughout
- Double Glazed Windows • Electric Heating
- Car Parking Space • Garage
- Fitted Wardrobes to main Bedroom
- Available Now



Refurbished 3 Bedroom House

2 Receptions, Newly Fitted Bathroom & Kitchen, 3 Bedrooms, Redecorated throughout, New Carpets, Double Glazing, Gas Central Heating, Rear Garden, Available Mid July.





Luton 01582 400899

Bushmead 01582 410044



DALLOW ROAD AREA

£199,995

- Semi detached family home
- 3/4 bedrooms
- Refitted Kitchen/diner
- Refitted Bathroom
- Separate Lounge
- UPVC Conservatory
- Loft room/study
- Private rear garden



BUSHMEAD

255,000

- Detached family home
- 3 Double bedrooms
- Refitted Kitchen/diner
- Snug/2nd reception room
- Separate Lounge
- En-suite to master
- Family bathroom
- Private rear garden



L & D BORDERS

£149,950

- ONE OF A KIND •
- 1 Bedroom Detached
- Unique self build
- Refitted Kitchen
- Refitted shower room
- Off street Parking



SOUTH LUTON

£169,995

- Immaculately presented
- Refitted kitchen
- Refitted bathroom
- Redecorated throughout
- Garage with driveway
- UPVC Conservatory



DALLOW ROAD AREA

£155,000

- End of Terrace
- 3 Bedrooms
- Refitted Kitchen/diner
- Separate Lounge
- Refitted Shower room
- Family bathroom
- No upper chain



PUTTERIDGE

£229,995

- Detached Family Home
- 3 Double Bedrooms
- Refitted Bathroom
- Garage and Parking
- No Upper Chain
- Cul de Sac Location
- Putteridge School Catchment
- View Now



OFF OLD BEDFORD ROAD

£279,995

- Traditional semi detached
- Character property
- Original features
- 3 bedrooms
- Extended Kitchen
- Conservatory



BUSHMEAD

£169,950

- Attractive Three Bedroom Home
- Private Garden
- Cloakroom
- Sitting Room
- Dining Area
- Fitted Kitchen



BARTON HILLS

£150,000

- 2 bed mid terrace
- Well presented
- New boiler
- Conservatory
- Driveway
- Landscaped garden



STOPSYLE

£145,000

- Mid terrace
- 3 bedrooms
- Priced to sell
- No upper chain
- Kitchen/diner
- Off road parking



LEAGRAVE

£109,950

- 1 Bed cluster home
- No upper chain
- Priced to sell
- Immaculate throughout
- Easy access to LEAGRAVE train station
- Ideal first time buy



Luton 01582 400899

Bushmead 01582 410044



BARTON HILLS

£249,950

- Four bedroom Detached
- Family Home
- 2 Receptions rooms
- Refitted Luxury Kitchen
- Cul de sac location
- En-suite to master
- Private Rear Garden
- Garage and off road parking



OLD BEDFORD ROAD AREA

£369,995

- FOXBURY CLOSE
- Extended Executive Detached
- Cul de sac location
- Double Garage
- 2/3 Reception rooms
- UPVC Conservatory
- Four bedrooms
- Private rear garden



BUSHMEAD

£239,995

- Three bedroom Detached
- Family Home
- Refitted Luxury Kitchen/Diner
- Refitted Bathroom
- Garage and Off Road Parking
- Rear Garden
- CCTV Installed Throughout
- No Upper Chain



BARTON HILLS

£185,000

- 3 Bedroom family home
- Cul de sac location
- Refitted Bathroom
- Lounge/diner
- Private landscaped garden
- UPVC double glazing
- Gas central heating
- Garage and Driveway



BUSHMEAD £249,950

- Beautifully Presented
- Detached Family Home
- Two Reception Rooms
- Icknield/Stopley Catchment
- Master En-suite
- Cul de sac Location



WARDEN HILLS £159,995

- Semi detached
- 2 double bedrooms
- Refitted Kitchen
- Nested within a cul de sac
- No upper chain
- Garage and driveway



OLD BEDFORD ROAD £450,000

- Bay Fronted Detached Family Home
- Period Features
- Two Reception Rooms
- Study/Bedroom 4
- Double Garage
- Potential to Extend SSTP



SUNDON PARK £129,950

- Sundon park area
- 2 Bedroom apartment
- No upper chain
- Lounge/diner
- Fitted kitchen and bathroom



OLD BEDFORD ROAD AREA

- Marston Gardens
- Traditional 1930's Style
- Spacious family home
- Rebuilt detached Garage
- Host of original features
- 2 reception rooms



BURY PARK £129,950

- Bury Park Area
- Two Double Bedrooms
- Well Presented Terraced Home
- Two Reception Rooms
- Double Glazing
- Gas Central Heating



- Split level apartment
- Three bedrooms
- Refitted throughout
- Cloakroom and master bathroom
- Private balcony
- Open plan sitting and dining room



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Tennyson Avenue

£249,950



A generous four bedroom detached family house located in this popular area of Houghton Hamlets. The property features three reception rooms, fitted kitchen with separate utility and cloakroom. There is a master bedroom with an en-suite shower room which has been newly fitted, driveway providing ample off-road parking.

Oldhill

£285,000



A very deceiving property from the outside - the accommodation within is infinitely larger than it appears, this four bedroom detached home has also been the subject of a recent improvement programme and is offered in immaculate order throughout. Accommodation comprises: lobby, entrance hall, and sitting room opening onto the dining room; fitted kitchen with electrical appliances, two double bedrooms and a bathroom to the ground floor, with two additional double rooms to the first floor, one with en-suite shower. Outside: large landscaped gardens, driveway and a single garage/utility. VIEWING COMES RECOMMENDED.

Brierley Close

£295,000



A deceptively spacious FIVE bedroom detached house located at the end of a small private cul-de-sac within South West Dunstable. The property features; two generous reception rooms, large kitchen/breakfast room, cloakroom, master bedroom with en-suite, study/bedroom 5, three additional bedrooms, ample off road parking, single garage and a large lawned rear garden.

Kingsmead Court

£104,995



A one double bedroom second floor apartment offered in good decorative order. Accommodation comprises: entrance hall, generous sitting/dining room, a recently fitted kitchen, double bedroom, bathroom and ample parking.

Princes Street

£129,950



•• STAMP DUTY PAID •• & •• SOLICITORS FEES PAID •• A recently updated two bedroom Victorian terraced house that features two reception rooms, two double bedrooms, modern bathroom, separate utility building, good sized garden and close proximity to the town centre. Property has been freshly painted throughout with new carpets. Double glazed and gas fired central heating.

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Maidenbower Avenue £132,500



A three bedroom semi-detached house located close to the town offered with no upper chain. Accommodation comprises: extended entrance hall, lounge, separate dining room, fitted kitchen, landing, three bedrooms, bathroom, generous gardens and potential parking.

Monks Close £199,950



A well presented three bedroom semi-detached house located to the East side of town in a small cul-de-sac. Accommodation comprises: entrance hall, lounge, fitted kitchen, family bathroom, three double bedrooms, generous gardens, parking and a single garage.

Easthill Road £220,000



An extended three bedroom semi-detached house offering a versatile and flexible accommodation. The property features: lounge, large kitchen/dining room/study, spacious conservatory and cloakroom. On the first floor: Landing, master bedroom with en-suite bathroom, two additional bedrooms and shower room. Outside: large garden with substantial playroom/family room or office.

Totternhoe £285,000



An extended two double bedroom semi-detached bungalow located in this much admired village location. Accommodation comprises: entrance hall, extended living room, kitchen/breakfast room, two double bedrooms, bathroom, ample off road parking, single garage and a generous landscaped rear garden backing onto open fields.

West Street £210,000



A very deceiving property from the outside, the accommodation within is infinitely larger than it appears. It has been well maintained in recent years to contain a charming blend of the old and new. This three bedroom period home has a flexible and versatile accommodation arranged over four levels, and is conveniently located for the town centre. The property features two reception rooms, a stylish kitchen and cloakroom, a useful basement room as either a playroom or study, a generous bathroom with a four-piece period style suite, and a large cottage style garden to the rear. There is potential for parking to the front of the property.

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Dunstable Town Centre £375 Per month



- Top Floor Studio
- D/F
- Unfurnished
- Available Now

Leagrave £925



- Kitchen
- Bathrooms
- White Goods
- Close to Town

Toddington £700 Per month



- Four Bedrooms
- D/F
- 3 Reception Rooms
- Unfurnished

Luton Town Centre £475 Per month



- Ground Floor Flat
- Fully Furnished
- Spacious
- Parking & Storage
- Inset & Recess

Toddington £675 Per month



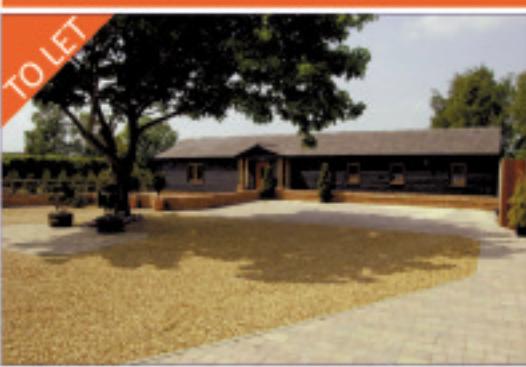
- Unfurnished
- Two Bedrooms
- Double Glazing
- Security Entry

Chalton £775 Per calendar month



- Available now!
- 2 bed rooms
- Brand New
- Spacious Kitchen
- Garden
- Parking Space
- Village Location
- Converted Barn

Chalton £1,300 Per month



- Barn conversion
- Three beds
- Private courtyard
- Bespoke kitchen

L + D Borders £580 Per month



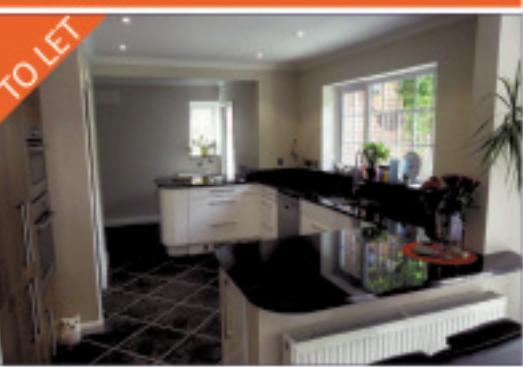
- Top Floor Flat
- Two Bedrooms
- Available May
- Unfurnished

Luton Town Centre £550 Per month



- First Floor Flat
- Available Mid July
- Unfurnished
- 2 Bedrooms

Studham £1,800



- Executive Detached
- Available 1st August
- Unfurnished
- Prestigious Location
- Brand New Kitchen
- 3 Double Bedrooms
- Master With En-suite
- Do Not Miss Out

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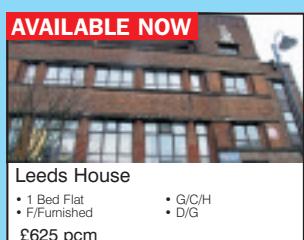
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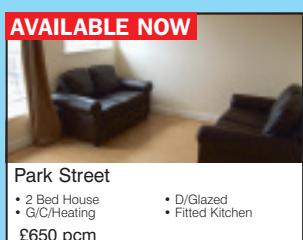
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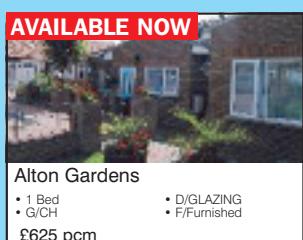
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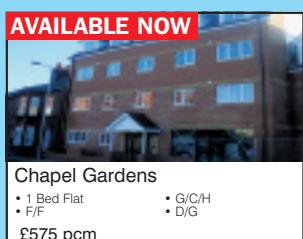
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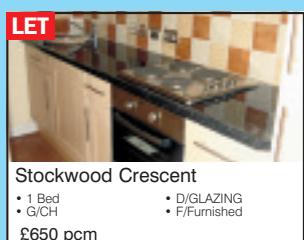
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LET



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IMAGE



AWAITING
IMAGE



AWAITING
IMAGE

Dunstable Road

- 2 bed Flat
- G/C/Heating
- £650 pcm

Stockwood Crescent

- D/GLAZING
- F/Furnished

£650 pcm

Guildford Street

- G/C/H
- D/G

£475 pcm

Crawley Green Road

- 2 Room in Shared House
- G/C/H
- D/G

£300 pcm

Downs Road

- G/C/H
- D/G

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- Bathroom
- Allocated Parking
- Furnished
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Dunstable £425 pcm

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- Top Floor
- Part Furnished
- Good Size
- Double Glazed
- Gas Heating Included
- Close To Town Centre
- Available Now



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Dunstable North £495 pcm

- One Bedroom
- Top Floor Apartment
- Good Size
- Double Glazed
- Electric Heating
- White Goods
- Close To Town Centre
- Available Now



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Houghton Regis £495 pcm

- One Bedroom
- Mid Terraced Home
- Good Size
- Rear Garden
- Double Glazing
- Close To Local Amenities
- Part Furnished
- Available Beg July



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Town £550 pcm

- One Bedroom
- Ground Floor Flat
- Brand New Shower Room
- Unfurnished
- Gas Central Heating
- Close To Town And Park
- Laminate Flooring
- Available Now



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Leagrave £550 pcm

- One Bedroom Apartment
- Ground Floor
- Gas Central Heating
- Double Glazing
- Allocated Parking
- New Development
- Unfurnished
- Available Early August



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Park Street £550 pcm

- One Bedroom
- First Floor Flat
- New Bathroom
- New Kitchen
- Large Lounge
- Close To All Conveniences
- Furnished
- Available 20th July



01582
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Dunstable £600 pcm

- One Bedroom
- Split Level Apartment
- Gas Central Heating
- Close To Town Centre
- Reception/Games Room
- Good Size
- Furnished
- Available Now



01582
616263

High Town £600 pcm

- Two Bedrooms
- Terraced House
- Separate Reception Rooms
- Gas Central Heating
- Double Glazing
- Cooker& Fridge In Kitchen
- Unfurnished
- Available 8th September



01582
543680

Dunstable £625 pcm

- Two Bedrommed
- First Floor Apartment
- Fully Fitted Kitchen
- Off Street Parking
- Close To A5 And M1
- Entry Phone System
- Unfurnished
- Available Beg July



01582
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Leagrave £625 pcm

- One Bedroom House
- New Development
- Gas Central Heating
- Double Glazing
- Allocated Parking Space
- Downstairs Cloakroom
- Unfurnished
- Available Early August



01582
616263

Kings Chase £650 pcm

- Nice Two Bedroom
- Ground Floor Maisonette
- En-suite To Master Bed
- Allocated Parking
- Executive Location
- Close To A5
- Furnished
- Available 25th August



01582
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Dunstable £675 pcm

- Two Bedrooms
- Top Floor Apartment
- Off Street Parking
- En Suite Onto Master
- Video Entry Phone System
- Available Mid November
- Unfurnished
- View At www.Lenwell.Com



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Red Row £675 pcm

- A Luxury Two Bed Modern
- Ground Floor Apartment
- Open Plan Living
- Patio Area
- Allocated Parking
- Popular Location
- Furnished
- Available 18th August



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Dunstable £675 pcm

- Two Bedroom
- Terraced Home
- Close To Town
- Double Glazed
- Good Size
- Gas Heating
- Unfurnished
- Available Beg August



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Dunstable £675 pcm

- Two Double Bedroom
- Apartment
- Close To M1
- Single Garage
- En Suite Onto Master
- Good Size
- Available Beg July



01582
543680

Dunstable £750 pcm

- Three Bedroom
- Semi-Detached House
- Good Size
- Gas Central Heating
- Conservatory
- Close To A5
- Unfurnished
- Available End June



01582
616263

Luton Town Centre £750 pcm

- Contemporary Two Bedroom
- Second Floor Apartment
- Modern
- 1.5 Months Deposit
- Ensuite To Master Bedroom
- Security Entrance System
- Furnished
- Available Now



01582
616263

Off New Bedford Road £795 pcm

- 3 Bedroom House
- Semi Detached
- Front And Rear
- Gardens
- Gas Central Heating
- Sought After Area
- Unfurnished
- Available 7th July



01582
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London Road £995 pcm

- Four Bedroom
- Extended Detached House
- Modern Kitchen Diner
- Utility Room
- Garage With Parking
- Furnished Or Unfurnished
- Available End Of July



Luton Office
8 Wellington Street
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Dunstable Office
2 West Street
01582 543680

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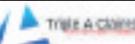
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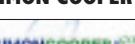
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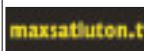
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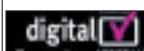


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family

Deaths

GARDNER Roger who suddenly passed away on 20th June 2011. He will be sadly missed by his sons, Bryan & Phillip and all of his grandchildren. Forever and always in our hearts. Funeral service takes place in Bedford crematorium Norse Road on Tuesday 5th July 2011 at 11.30am. Family flowers only, donations if desired for Macmillan Cancer Support may be sent to G & H Sommer, 47 High Street, Sandy, Beds SG19 1AG.

In Memoriam

ROBERT
GRAYAlways thinking
of you.Not a day goes by
without loving
you.Lots of love from
Mary and
Norman.

In loving memory of

TERRY MORRELL
HALLETTwho died on
3rd July 2007The years disappear
but our memories
live on.
We miss you so very
much.Love always Maureen,
Mum, Lynne and all
the family

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7.30PM

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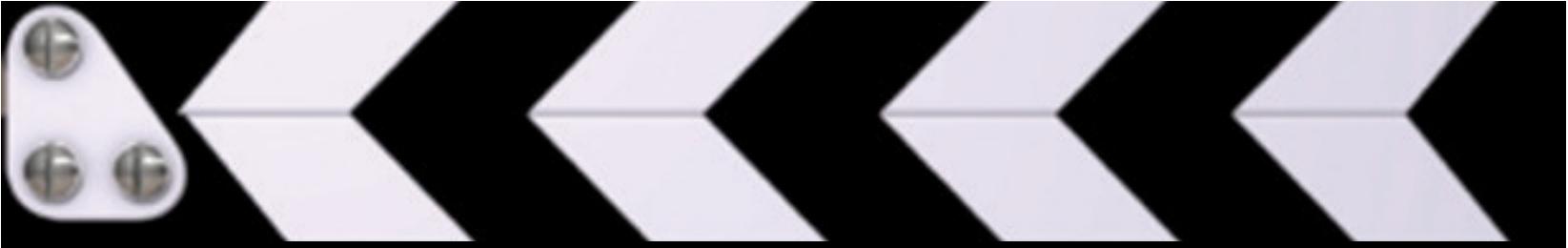
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Just for fun - the
LoS puzzle corner

onpage40

leisurenow



A week dedicated to foreign films

CINEMA

INTERNATIONAL FILM WEEK

Alban Arena, St Albans
Tuesday-Friday, various times

THE ALBAN Arena is screening some fantastic international films starting on Tuesday with 'Outside the Law' and finishing on Friday with 'Biutiful'.

OUTSIDE THE LAW (HORS-LA-LOI) (15)

Tuesday, 7.30pm

DIRECTED by Rachid Bouchareb, 'Outside the Law' tells the story of three brothers who, after losing their family home in Algeria, are scattered across the globe.

Messaoud joins the French army fighting in Indochina, Abdelkader becomes a leader of the Algerian independence movement, and Said moves to Paris to make his fortune in the shady clubs and boxing halls of Pigalle.

Gradually, their interconnecting destinies reunite them in the French capital, where freedom is a battle to be fought and won.

Language: French & Arabic

THE CONCERT (LE CONCERT) (PG)

Wednesday, 1.30pm & 7.30pm

THIRTY years ago, Andrei Filipov was the conductor of the illustrious



Outside
The Law

Bolshoi orchestra until he was fired for using Jewish musicians. Now he works as a janitor and drinks too much.

But when he intercepts an invitation for the Bolshoi to perform in Paris, Andrei masterminds a plan to

gather his own Bolshoi to go in their place in order to make a triumphant return to the music scene.

With a motley bunch of former musicians at his side, Andrei sets off for Paris to fulfill his destiny and

return to his glory as a great conductor.

Along the way, he will reunite with a young, beautiful violin virtuoso who holds the key to his past and to his future.

Language: French & Russian

OF GODS & MEN (DES HOMMES ET DES DIEUX) (15)

Thursday, 7.30pm

EIGHT French Christian monks live in harmony with their Muslim brothers in a monastery perched in the mountains of North Africa in the 1990s.

When a crew of foreign workers is massacred by an Islamic fundamentalist group, fear sweeps though the region.

The army offers them protection, but the monks refuse. Should they leave? Despite the growing menace in their midst, they slowly realize that they have no choice but to stay come what may.

Language: French & Arabic

BIUTIFUL (15)

Friday, 7.30pm

THIS is a story of a man in free fall. On the road to redemption, darkness lights his way.

Connected with the afterlife, Uxbal (Javier Bardem) is a tragic hero and father of two who's sensing the danger of death. He struggles with a tainted reality and a fate that works against him in order to forgive, for love and forever.

Language: Spanish

■ TICKETS cost £6 with matinee showings at £4. They are available from the box office on 01727 844488 or online at www.alban-arena.co.uk

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2.30pm & 7.30pm



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Sat 3 Sep
7.30pm



Sat 10 Sep 8.00pm
Sun 11 Sep 2.00pm & 6.00pm



Sat 17 Sep
7.30pm

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COAST

BBC2, 9pm

Having seemingly circumnavigated the British Isles about half a dozen times, the makers behind this show have had to come up with new ways of showcasing our coastal areas. So, after looking at estuaries, rivers and even travelling to the likes of Norway, France and Holland in earlier episodes, the boffins decide to try a bit of island hopping around the Western Isles and out to Shetland. Here, map man Nick Crane gets invited to a golden wedding knees-up - along with every other resident of the island of Erisay. Meanwhile, fossil detective Hermione Cockburn tests the acoustic qualities of Fingal's Cave on the island of Staffa.

6.00 Yesterday at Wimbledon. (R) 7.00 Breakfast. 9.00 The Andrew Marr Show. 10.00 Sunday Morning Live. 11.00 Country Tracks: Weather for the Week Ahead. 12.00 BBC News. 12.05 Cash in the Attic. (R) 12.35 Bargain Hunt Famous Finds. (R) 1.05 Wimbledon 2011. Live coverage of the men's singles final. 5.30 My Family. (R)

6.00 Horrible Histories with Stephen Fry. George IV receives good news.

6.30 BBC News; Regional News; Weather.

7.00 Fake or Fortune? Fiona Bruce and Philip Mould investigate the career of notorious forger Han van Meegeren, and examine claims a painting in a prestigious London gallery could be his handiwork.

8.00 Countryfile. Matt Baker and Julia Bradbury search for one of the UK's rarest butterflies in Gloucestershire. Julia also goes looking for dormice in the Cotswolds.

9.00 Stolen. A detective battles to save three children who have been enslaved and exploited after being smuggled into the UK. Thriller, starring Damian Lewis.

10.30 BBC News; Regional News; Weather.

10.55 Regional Programme. 11.40 The Sky at Night. Patrick Moore visits the South Downs Planetarium in Chichester.

12.00 Film: Needful Things. (1993) Horror, starring Ed Harris; Weatherview. 2.00 Sign Zone: The Apprentice. (R) 3.00 Holby City. (R) 4.00 BBC News.

6.00 CBeebies. 7.00 CBBC. 10.00 Something for the Weekend. 11.30 Escape to the Country. (R) 12.30 Live MotoGP Coverage of the Italian Grand Prix from Mugello. (Start-time 1.00pm) 2.00 EastEnders. 3.55 Flog It! 4.55 Songs of Praise. 5.30 Wimbledon 2011. Sue Barker introduces live coverage of the mixed doubles final.

8.00 Top Gear. The trio test high-performance hatchbacks the Citroen DS3 Racing, Fiat 500C Abarth and Renaultsport Clio 200 Cup, and Ross Noble is this week's celebrity driver.

9.00 Coast. The team visits the Western Isles and Shetland, watching dolphins off Erisay, hearing about a 1918 shipwreck off Lewis and testing the acoustic qualities of Fingal's Cave.

10.00 Mock the Week. With Alun Cochrane, Micky Flanagan, Milton Jones and Zoe Lyons. (R) 10.30 Today at Wimbledon. Highlights of the men's singles final at the All England Club. Plus, action from the mixed doubles final as the championships drew to a close.

11.30 FILM: Unrelated. (2007) Premiere. A disillusioned 40-something confronts the truth of her humdrum life when she visits a friend at an idyllic Italian villa. Drama, starring Kathryn Worth.

1.10 BBC News. 4.00 The Super League Show. 4.45 Close.

ITV1

6.00 CITV: Mini CITV. 7.25 CITV. 8.25 May the Best House Win. (R) 9.25 Dickinson's Real Deal. (R) 10.25 60 Minute Makeover. (R) 11.30 This Morning: Sunday. 12.30 Dinner Date. (R) 1.25 ITV News; Weather. 1.30 Survival: Tales from the Wild. 2.30 Inspector Morse. (R) 4.30 Midsomer Murders. (R)

6.30 Regional Programmes. 6.45 ITV News; Weather.

7.00 The Royal. Dr Weatherill and Sister Bridget take the Ormerod kids on a family trip - which ends in disaster. Dr Ellis risks getting too involved with a patient who is in trouble with the law.

8.00 Popstar to Operastar. Tenor Alfie Boe takes the place of absent mentor Rolando Villazon on the panel as the four remaining contestants compete in the semi-final. Mylene Klass hosts.

9.00 Scott & Bailey. Rachel narrowly avoids being run over by a car, but comes to suspect it was an attempt on her life - and that Nick is involved. Meanwhile, a boy is shot dead. Last in the series.

10.00 Popstar to Operastar: The Results. The semi-finalists perform again in an extra challenge.

10.30 ITV News; Weather. 10.45 FILM: A Clockwork Orange. (1971) Drama, starring Malcolm McDowell and Warren Clarke.

1.15 The Zone; ITV News Headlines. 2.00 Motorsport UK. 2.55 ITV Nightscreen. 5.30 ITV Morning News.

6.20 Sali Mali. (R) 6.25 The Teacake People. (R) 6.35 That Paralympic Show. (R) 7.00 Windsor Triathlon. 7.55 T4: Scouting for Girls' RockCorps: You Decide. (R) 8.10 T4: Friends. (R) 8.35 T4: Style the Nation. 9.05 T4: Holyoaks. 11.35 T4: Friends. (R) 12.10 T4: Hard-Fi's RockCorps: You Decide. 12.30 T4: Inside SBTV: From Bedroom to Boardroom. 1.05 T4: The Simpsons. (R) 1.40 T4: The Simpsons. (R) 2.10 Four in a Bed. (R) 2.40 Four in a Bed. (R) 3.10 Four in a Bed. (R) 3.40 Four in a Bed. (R) 4.10 Four in a Bed. (R) 4.40 Help! My House Is Falling Down. (R) 5.40 Deal or No Deal.

6.40 Channel 4 News.

7.10 The Political Slot. Chris Grayling MP, the Minister for Employment, talks about the Government's new Work Programme, designed to help the jobless get back into work.

7.15 4thought.tv. A woman reveals why she believes her unborn child saved her life.

7.20 FILM: Transformers. (2007) A teenage boy is drawn into an intergalactic war between two rival factions of giant shape-changing robots. Sci-fi action adventure, starring Shia LaBeouf.

10.00 FILM: Sunshine. (2007) Sci-fi thriller, starring Cillian Murphy.

12.05 Stand Up for the Week. (R) 12.50 24 Hours in A&E. (R) 1.50 Embarrassing Bodies: Live from the Clinic. (R) 2.45 FILM: Whisky. (2004) Uruguayan comedy drama, starring Andres Pazos. 4.30 Hill Street Blues. (R) 5.25 Countdown. (R)

6.00 Milkshake! Peppa Pig. 6.05 Roary the Racing Car. (R) 6.15 Fifi and the Flowertots. (R) 6.25 Fireman Sam. (R) 6.40 Miss Spider's Sunny Patch Friends. (R) 6.50 Elmo's World. (R) 7.15 Roobarb and Custard Too. (R) 7.25 Harry and His Bucket Full of Dinosaurs. (R) 7.35 Noddy in Toyland. (R) 7.55 Hana's Heifl. (R) 8.00 Milkshake! Monkey. (R) 8.05 Little Princess. (R) 8.15 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) 8.30 Mist: Sheepdog Tales. (R) 8.45 Rupert Bear. (R) 9.00 Olivia. (R) 9.15 The Men Show. (R) 9.30 The Milkshake! Show. (R) 10.00 Inside Hollywood. 10.15 Andre Rieu in New York. (R) 11.15 The Restaurant Inspector. (R) 12.15 Pawn Stars. (R) 12.45 Film: Gunfight in Abilene. (1967) Western, starring Bobby Darin.

2.30 FILM: The Odessa File. (1974) Thriller, based on Frederick Forsyth's novel, starring Jon Voight. 5.00 FILM: Young Guns II: Blaze of Glory. (1990) Western sequel, starring Emilio Estevez.

6.55 5 News Weekend. 7.00 Cricket. England v Sri Lanka.

7.25 FILM: Maid in Manhattan. (2002) Comedy, starring Jennifer Lopez, Ralph Fiennes, Natasha Richardson and Bob Hoskins.

10.00 FILM: Anger Management. (2003) Comedy, starring Jack Nicholson and Adam Sandler.

12.10 Walking the Amazon. (R) 1.10 SuperCasino. 4.05 Meals in Moments. (R) 4.10 Great Artists. (R) 4.35 Nick's Quest. (R) 5.00 Hana's Heifl. (R) 5.10 The Milkshake! Show. (R) 5.35 Thomas & Friends. (R) 5.45 Roary the Racing Car. (R)

ITV2

5.30 Film: Garfield: A Tale of Two Kitties (2006) 7.15 Film: Jurassic Park III (2001) 9.00 Film: The Holiday (2006) 11.45 Ghosthunting with the Saturdays

ITV3

2.40 Mansfield Park 4.35 Film: The Railway Children (1970) Period family drama, starring Jenny Agutter. 6.50 Mr Bean 7.55 Agatha Christie's Poirot 9.00 Film: Pride and Prejudice (2005) 11.30 Film: If Only (2004)

ITV4

2.00 Live Cycling: Tour de France. The second stage starting and ending in Les Essarts. 4.30 Police, Camera, Action! 5.00 The Professionals 6.00 Tommy Cooper 7.00 Cycling: Tour de France 8.00 Minder 9.05 Film: Tango & Cash (1989) 11.15 Film: Bride of Chucky (1998)

BBC THREE

7.00 Don't Tell the Bride 8.00 The World's Strictest Parents 9.00 Little Britain. Daffyd goes to a rugby match. 9.30 World's Craziest Fools 10.00 Family Guy 10.45 American Dad! 11.30 Kids Behind Bars

BBC FOUR

7.00 Marguerite and Armand 7.30 A Lifetime of Dance - Merce Cunningham 9.00 Margot. Biopic of ballerina Margot Fonteyn, starring Anne-Marie Duff. 10.30 Opus Jazz 11.30 For Art's Sake - The Story of Ballets Russes

E4

3.00 Supersize vs Superskinny 4.00 Film: Ferris Bueller's Day Off (1986) Comedy, starring Matthew Broderick. 6.00 Friends 7.00 Smallville 8.00 Friends 9.00 Desperate Housewives 11.00 Being Erica

FILM4

2.35 Carry On Teacher (1959) 4.20 Because of Winn-Dixie (2005) 6.25 Terms of Endearment (1983) Drama, starring Shirley MacLaine. 9.00 The Milkshake! Show. (R) 5.35 Aeon Flux (2005) 10.45 Sleuth (2007) Mystery thriller remake, starring Michael Caine and Jude Law.

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Breakfast club

– with Heart FM's
Stuart and Natalie

It's been another busy week and we were pleased to chat to long serving Dragon, Duncan Bannatyne who has a new book out.

We spoke to him after he'd done a load of interviews that morning so he was a bit jaded!

As a result we were a little nervous about how he would feel playing along with our Stuart and Natalie's 'Den-style interview'.

Stuart started by asking Duncan why we should invest five minutes of our valuable time hearing him promote his book.

He told us: "You'll learn how not to make mistakes in business and you'll get the advice on how to be more successful than me or Peter Jones or even Theo Paphitis." We then asked him why his book is so different to Peter Jones' recent one.

Surely this is just a case of another book about how to make money in business.

He replied, his tongue firmly in his cheek: "Have you read his book?"

Those Dragons are seriously competitive.

After much deliberation Stuart decided the idea of promoting a book on a radio show wasn't original enough so declared himself 'out'.

I said I would be happy to 'invest' if Duncan gave me free gym membership.

Duncan struck a hard bargain saying: "I'll give you free membership if you go four times a week and every week you don't go, you have to give me £50." Good motivation to get in shape I reckon.

We also heard from Chris O'Dowd, star of the IT Crowd and currently appearing as the cute cop in Bridesmaids.

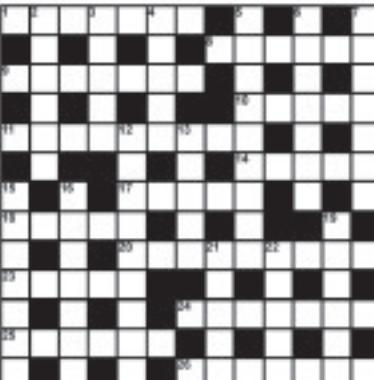
If you've not heard this movie is the latest 'female comedy', not a chick flick.

Chris said to any guys refusing to see it to 'get over themselves, "it's funny."

Personally I loved it and gave it 10/10.

Stuart and Natalie present Heart Breakfast Monday to Friday 6am-10am on Heart 96.6FM.

PUZZLE CORNER



ACROSS

- She gets rich with treasure (7)
- Stop article on a fruit (6)
- 90°AP uses horn as a weapon (7)
- Following dessert, for the most part (5)
- The way a sick man may be moved (5)
- Trade with the test (5)
- Great I squashed was very large (5)
- Clear details of fresh approach (5)
- 20 Cleaned and turned ready (5)
- Some extra illumination requested for path (5)
- Withdraw from engagement after slight injury (7)
- Credit deal arranged for small bed (5)
- March in favour of trial (7)

DOWN

- Her hat was destroyed in fire (6)
- Pear goes round the bend for money (5)
- Cool bear with resolve (5)
- He helps Martin as a favour (6)
- Its youngster able to provide catering (7)
- Containers for luxury car trimmed with sable (7)
- Flower made you grey, ill it appears (5,4)
- Detected the sound of animals (5)
- Pick a non-drinker in practise examination (7)
- Members of AA using animals (7)
- Attacks on gold fast spoken of (6)
- Illness unclear without an investigation (5)
- Initial plan is a breeze (5)

SOLUTION FOR LAST WEEK

ACROSS: 5 Spill 8 Rapel 9 Flecked 10 Porelit 11 Calyx

12 Ben 14 Beetle 16 Energy 18 Gut 20 Flout 24 Ignored

26 Prefect 28 Drill 27 Ateau

DOWN: 1 Drap 2 Sparkle 3 Plain 4 Baffie 5 Package

7 Leary 12 Beg 13 Net 15 Truffle 17 Refrain 19 United

21 Lund 22 Asnde 23 Adult



How many words of four letters or more can you make? No plurals, proper names or foreign words. All must include the centre letter. Speed: 20. Mistakes: 35+

Score: 20. Mistakes: 35+

Last week: 5 - 8 + 3 + 5 x 9 = 38



Complete the grid so that all rows, columns and 3x3 boxes contain the numbers 1 to 9.

Solution next week.

Find the words: Up, down, forwards, backwards, straight or diagonal. This week: Swell.

Enlarge, Swift, Increase, Balloon, Roll, Blimp, Expand, Tumely, Protode, Surge, Snowball, Inflate, Blister, Distend, Bellow, Dilate, Blot, Stretch, Magnify, Puff.

FIND THE WORDS



Find the words: Up, down, forwards, backwards, straight or diagonal. This week: Swell.

Enlarge, Swift, Increase, Balloon, Roll,

Blimp, Expand, Tumely, Protode, Surge,

Snowball, Inflate, Blister, Distend, Bellow,

Dilate, Blot, Stretch, Magnify, Puff.



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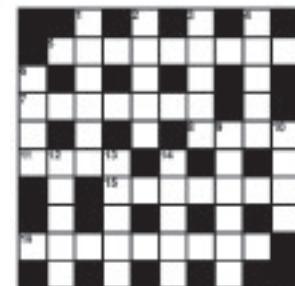
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ACROSS
1. Bitter (5)
2. Not knowing (7)
3. Anger (4)
11. Totals (4)
15. Grow into (7)
16. Study side (8)
18. Objectives (4)
12. Twelve (5)
13. Chains (5)
14. Engine (5)

DOWN
1. Park (5)
2. Move hurriedly (5)
3. Walker (5)
4. Danger (5)
8. US myth (4)
9. Call upon (5)
10. Objectives (4)
11. Nine (5)
12. Bell (5)

SOLUTION FOR LAST WEEK
ACROSS: 1 Camp 3 Mass 5 Picket 7 Rio
6 Double 10 Pagan 12 Egg 14 Exotic
15 Odds 16 Cliff
DOWN: 1 Copy 2 Pike 3 Mutate 4 Scribe
5 Chub 8 Haggard 9 Dozens 10 Flex 11 Board
12 Bell



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Wednesday 20 July, 8pm

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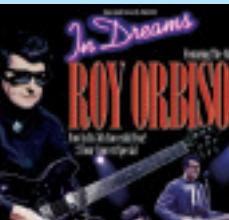
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In Dreams
Saturday 9 July 7.30pm



Elkie Brooks
Saturday 23 July 7.30pm

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Thornhill Lower School

- TEACHING ASSISTANT LEVEL 2 (2 POSTS) **Quote ref: 2394**
Level 2, £13,874 - £16,054 pa pro rata
- 1 full-time post (8.30am-3.30pm),
1 part-time post (2.5 days per week)

This is an exciting time to join our school and we are looking for experienced Teaching Assistants to join our team.

If you are a dynamic, self-motivated team player with a strong commitment to continuing your own professional development, we would love to hear from you. Thornhill is a rapidly developing school with many outstanding features and is looking for someone who would welcome the challenge and opportunity that this school can offer.

For further details and an application pack please contact Mrs Julia Lawson, Thornhill Lower School, Grove Road, Houghton Regis LU5 5PE. Tel: 01582 863 516. Email: jc.lawson@schools.bedfordshire.gov.uk

Closing date: 15 July 2011. Interview date: 21 July 2011.

Central Bedfordshire Council is committed to safeguarding and promoting the welfare of children and young people, and expects all staff and volunteers in schools to share this commitment. A CRB disclosure is required for these posts.

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Office Services Administrator – Central Services

Based at RSPB UK Headquarters, Sandy

£16,000 - £18,000

Full Time, Established 37.5 hours per week

We require an experienced administrator to work in our busy Central Services Department. You will work alongside and provide admin support to the Office Manager and in addition provide occasional administration support to the Head of Department and five Section Heads, consolidating existing systems and procedures whilst helping to develop new ones. You will work alongside the Mail Administrator, assuming their responsibilities in their absence. You will also maintain strong business relationships with our many outside suppliers. You will need plenty of drive and initiative as the nature of the departments work is varied and often reactive. Proficiency in Word and Excel are essential.

Closing date: 15 July 2011. Interview date: w/c 1 August 2011.

For further information and to download an application pack please visit our website at www.rspb.org.uk/vacancies

www.rspb.org.uk/vacancies



The Royal Society for the Protection of Birds (RSPB) is a registered charity. England and Wales no. 207076. Scotland no. SC037654.

Ashton Church of England Middle School
High Street North, Dunstable, Bedfordshire LU6 1NH.
Tel: 01582 663511. Fax: 01582 666412
Headteacher: N.M. Sharpe B.Ed

Required for September 2011 or as soon thereafter

A main scale teacher of English

(applicants who can offer 1 term are welcome to apply)

Ashton C. of E. Middle School V.A. is looking to appoint an enthusiastic and committed English teacher for the start of the Autumn term (September 5th 2011). The successful candidate will join a popular, over-subscribed school and a department which is well managed and resourced. You must be able to demonstrate good classroom management skills and be committed to achieve high standards and be passionate about your teaching and the children's learning.

Ashton Middle School is committed to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment. This post requires a satisfactory enhanced CRB disclosure.

Closing date and interviews – before the end of term

Application forms can be obtained from the School Office.

Contact: Mr. N.M. Sharpe, Ashton C. of E. Middle School VA, High Street North, Dunstable, Beds. LU6 1NH. Tel: 01582 663511 or visit our website (www.ashtonmiddleschool.uk.org) or email: ashtonmiddle@schools.bedfordshire.gov.uk

www.luton.gov.uk/jobs

Domestic Violence MARAC Co-ordinator

£20,858 - £22,958 p.a. pro rata

Fixed-term four years, 22 hours per week

You will be required to provide high quality administrative support, co-ordination, training and project development to the MARAC (Multi Agency Risk Assessment Conference) process. You will lead on the organisation of monthly MARAC meetings, including the interrogation of the information management system, and liaison with key referring partners.

An understanding of handling sensitive data, and knowledge of the Data Protection Act and Freedom of Information Act is essential for this post, along with the ability to analyse and interpret data sets and collate performance information for local and national agencies.

Apply now online at www.luton.gov.uk/jobs if you experience problems applying online, please call (01582) 546621 during office hours.

Closing date: 10th July 2011.

Ref: 11/0144

Interview date: Week Commencing 18th July 2011.

The Council is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and expects all staff to share this commitment.

We value equality because quality services need the best people – from the whole community.

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£14,163 - £15,336 p.a.

37 hours per week

Term time only + 5 training days

Both 1 Year Fixed Term Contracts

► Required as soon as possible to work with SENCO and Special Needs Team in supporting SEN students across the 11-18 range.

Roman Catholic School in the Diocese of Northampton.
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► For an application form and further details please contact:

Mrs A Brandham, PA to Headteacher, Cardinal Newman Catholic School, Warden Hill Road, Luton LU2 7AE. Tel: (01582) 597125. Fax: (01582) 503088. Email: Cardinal.Newman.Admin@luton.gov.uk

Closing date: Wednesday 13th July 2011.

CVs will not be accepted for any posts based in schools.

The school is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment.

Applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Criminal Records Bureau.

Closing date: Wednesday 13th July 2011.



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Executive Nurse

15 hrs per week £40,000 pro rata

An exciting opportunity has arisen for an Executive Nurse role at Bedoc, Out of Hours providers and Horizon Health Choices, independent Health care Providers

This role is a key leadership position, working alongside both the Medical Director and Director of Operations. This post requires an experienced senior nurse with extensive experience in an active primary or acute setting. You will already be in a senior role or have the skills and talent commensurate with the role outline. You will be self-directed, creative, forward-thinking and able to provide credible leadership to the nursing profession. You will need to have solid experience in leading change, clinical service developments and developing policy and practice. This is an ideal role for an aspiring assistant Director of Nursing in a larger organisation, offering the opportunity to learn the wider dimensions of an executive role to support a next career move. NHS pension is supported in this role

For a full Job Description and Application Form please download from our website www.horizonhealth.co.uk or contact Diane Glendinning on 01234-897558.

Closing date: 14th July 2011

Candidates must be available for Interview on: 20th July 2011

Bedoc & Horizon Health Choices Limited is an equal opportunities employer

WILLIAM AUSTIN JUNIOR

Austin Road, Luton LU3 1UA

Midday Supervisor

£1,747 - £1,815 p.a.

6.25 hours week

Term time only

Required for September 2011, a person to join our team of midday supervisors. The main responsibilities of this job are supervising pupils during the lunchtime session, ensuring their safety and general welfare. The ability to communicate effectively with children and adults are essential qualities for this post.

For an application form and further details please contact: Mrs E Stiff, William Austin Junior School, Austin Road, Luton LU3 1UA. Tel: (01582) 572100. Email: William.Austin.Juniors.Admin@luton.gov.uk Please either call in to the school office or enclose a stamped addressed envelope with a large letter stamp.

Closing date: Friday 15th July at 12 noon.

ICKNIELD PRIMARY SCHOOL

Birdfoot Lane, Luton LU3 2JB

Teacher of the Deaf

MPS/UPS + SEN

We are a highly inclusive, multi-lingual and sign-lingual, well-resourced mainstream school with an excellent specialist provision for the hearing impaired, plus Outreach facility. We require a qualified and experienced Teacher of the Deaf to teach and support deaf children, some with additional learning difficulties, in line with our policy of inclusion and initially within KS2.

To arrange an informal discussion, please contact: Ms Josie Walter, Assistant Head Inclusion or Mrs S Rajani; Head of HI Provision. (01582) 534000 or email icknield.primary.admin@luton.gov.uk To apply online please visit www.luton.gov.uk/jobs and click on the link to teaching and schools vacancies.

Closing date: 13th July 2011.

CVs will not be accepted for any posts based in schools.

The school is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment.
Applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Criminal Records Bureau.

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-Looking to develop a career in Media Sales?

LSN Media Ltd is a regional media company that publishes award winning weekly newspapers, magazines and websites across Beds, Bucks and Northants, and is part of the Iliffe News and Media Business.



Due to continued expansion and further plans for growth across all of our markets this year we're looking to recruit two **NEW BUSINESS SALES EXECUTIVES** to be based at our Luton office. These new roles offer a genuine opportunity for people to join a small team at an exciting time and make their mark in a business that is constantly developing and changing.

These roles involve 100% cold calling to sell advertising campaigns across our market leading publications and websites. Applicants will need to be tenacious, hungry and experienced sales people who have a keen eye for detail and understand the importance of providing the highest level of customer service. You'll also need to be persuasive, presentable and genuinely interested in our clients businesses whilst feeling confident dealing with local business decision makers at MD and grass roots levels.

Experience in advertising sales is not essential but sales skills and enthusiasm are a must.

The successful candidates will be based at our Luton offices working as part of a small hardworking team.

In return we offer:

- Competitive Salary with Realistic bonus structure.
- Company car - Mini cooper.
- 25 days holiday per year.
- Regular training - office and field.
- Contributory pension and healthcare after qualifying period.
- Free parking.
- Genuine and realistic opportunities for further career advancement.

If this role appeals to you and you think you can bring something to our business please send an up to date CV with a covering letter telling us why you'd like to be considered for this role to;

Jackie Bevan, Commercial Manager, LSN Media
 Luton, 28 King Street, Luton, Beds. LU1 2DP
 or email jackie.bevan@lsexpress.co.uk

Northants Herald & Post onSunday MK NEWS Express

It is the company's policy to employ the best qualified personnel and provide equal opportunity for the advancement of employees including promotion & training and not to discriminate against any person because of sex, race, pregnancy, disability, marital or family status, ages, sex orientation religious beliefs or trade union memberships. Previous applicants need not apply.

the forest centre



Marston Vale Services is seeking a

MANAGING DIRECTOR

To lead and grow its profit centres including its successful catering and conferencing business based at the Forest Centre in Marston Moretaine.

The Company is the wholly owned operating company of the Marston Vale Trust - a registered environmental charity which is creating the Forest of Marston Vale, one of England's twelve Community Forests and the largest environmental regeneration project in Bedfordshire.

Based at the Forest Centre, the appointee will deliver growth in the current visitor, conferencing and catering business, will complete delivery of a number of profitable new business areas and will continue to expand the business portfolio of the Company to ensure the financial security of the Marston Vale Trust. The MD will also be appointed Chief Executive of the Trust (reporting to the Board of Trustees) and will lead on growing the Trust's significant and essential corporate partnerships as well as being the lead ambassador for the Trust and the Forest.

Salary: In the region of £50,000 pa

Send application letter and CV to:

Tony Talbot, The Forest Centre, Marston Moretaine, Bedford MK43 0PR

Closing date 12th August

Interviews will be held at the Forest Centre week commencing 5th September.

For more information: www.marstonvale.org/forestteam/vacancies.html

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PART TIME

Responsibilities include financial reporting and payroll.

Please contact:

Colin Dowding, Works Manager
Unit 3, Southfields Road
Dunstable, Beds LU6 3EJ
Tel: 01582 609988

Email: colind@silkmead.co.uk



Providing an emergency service 24 hours 365 days a year, Bedfordshire & Luton Fire & Rescue Service serves a population of 576,800.

We are now recruiting for the following enthusiastic team member:

BEDFORDSHIRE AND LUTON FIRE AND RESCUE SERVICE
Based at Service Headquarters, Kempston

WEEKDAY COOK

£16,830 per annum - 37 hours per week

A cook is required to assist the Catering Manager/Chef in the day-to-day running of the staff restaurant. Working from 08:00 to 16:00 hours Monday to Friday, you will be required to assist in the preparation, cooking and serving of meals, snacks and beverages, including special functions for staff and visitors.

You must have a minimum of six months experience in commerce/industrial catering as a cook and be able to produce meals of a high standard. City & Guilds 706/1 - 706/2 is an essential requirement as is the Basic Food Hygiene Certificate. You must also have a current full driving licence with no pending issues.

You must be available for relief duties during weekends to cover for the Weekend Cooks during periods of sickness and annual leave.

The successful candidate will be required to wear Corporate clothing.

An application form, job description and personnel specification, together with other relevant details may be obtained from the Personnel Section on 01234 845025.

Completed application forms must be returned by Friday 22nd July 2011.

Bedfordshire & Luton Fire & Rescue Service particularly welcomes applications from women, people from ethnic minorities and disabled people (Ss 48 & 38 of the Sex Discrimination and Race Relations Acts apply) who are under-represented in this area of work.

www.bedsfire.com



working together



Bedford College is a growing and highly successful provider of further, adult and higher education, with 18,000 students from over 100 nationalities, 750 staff and excellent financial health. Recognised as 'outstanding' by Ofsted and rated five star by the European Foundation for Quality Management (EFQM), there has never been a more exciting time to join us as we strive to become a world-class centre for qualifications, skills and training.

Student Personal Adviser
(Temporary Contract up to 12 months)
£14,600 - £17,900 pa

Personal Tutor
Circa £21,000 pa

Lecturer Fish Management
£20,000 - £35,800 pa
(Qualified teachers minimum £24,300 pa, Maternity cover up to 12 months)

Publications Co-ordinator/ Copywriter
£18,600 - £22,700 pa

**Skills for Sustainable Development (SSD)
Project Administrator**

(Temporary until 20 February 2012)
Circa £15,000 pa

**Sustainable Efficiency East Business Services
Coordinator**

(Temporary for 1 Year)
£20,500 - £27,000 pa

We also have an opportunity for a hourly paid Lecturer in Sociology

Closing Date: Monday 18 July 2011

“It feels great to be working to benefit the local community in a job which is as diverse as the people I work with...”

Kalsoom Amin
Careers Adviser



Bedford College offers a final salary pension scheme, generous holiday entitlement and financially supported continuous professional development opportunities. The College is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment. For further information on these positions and to find out about working at Bedford College, visit www.workingtogetherjobs.co.uk

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Central Bedfordshire Council

CHILDREN'S SERVICES

• **FOSTERING TEAM MANAGER**
£42,483 - £45,325 pa
+ MRS £125.00 per month
& R&R bonus 3% pa

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Bedfordshire

Quote ref: 2377

With your dynamism and significant experience, you will manage an 'Outstanding' fostering service, ensuring that performance standards underpin the effective recruitment and retention of foster carers. A qualified and GSCC registered social worker with management experience and qualification to NVQ4 or equivalent, you will have proven decision-making, activity planning and goal/target setting skills.

For an informal discussion please contact: Fiona Mackirdy on 0300 300 6752

Closing date: 10 July 2011.

SOCIAL CARE HEALTH & HOUSING

• **COMMUNITY REABLEMENT WORKER**
(6 POSTS)
£14,733 - £15,444 pa pro rata Quote ref: 2378

Enhancements paid for weekends and Bank Holidays

Opportunity to be part of a progressive adult social care service for older people and people with a physical disability within Central Bedfordshire

We are looking to increase the capacity of our Reablement Service and require highly motivated staff to undertake assessments with customers living within their own homes. This could include personal and social care needs.

You will be required to work 100 hours per month on a rota basis to include working AM and PM shifts and alternate weekends. You will be required to hold a full driving licence and have access to a car. Mileage payment applicable.

You will need to have a minimum of NVQ level 2 in care or equivalent and will be offered training and development within a supportive environment.

Posts available in the following areas:

- Dunstable and surrounding area
- Leighton Buzzard and surrounding area

For an informal discussion please contact Karen Everett on 0300 300 6361 or Glyn Richardson 0300 300 5940. For an informal discussion regarding all posts, contact Pauline Sanderson (Operational Manager) on 0300 300 6344.

Closing date: 15 July 2011.

To apply online please visit www.centralbedfordshire.gov.uk/jobs or contact us on 0300 300 8073.

Want to find out more about careers with Central Bedfordshire Council? Follow us on Twitter @CBCouncil_jobs

As from 1st October 2011 gross pay will be reduced by 2% for posts with a full time equivalent salary above £21,519. This change has been accounted for in this advert if applicable. We are also introducing new arrangements for car allowances which may affect this post.

Posts working with either children and/or vulnerable adults will be subject to the disclosure of criminal records.



Central Bedfordshire Council is committed to equal opportunities.

LSN Media is part of the Iliffe News and Media group and we publish market leading local newspapers in Beds, Bucks and Northants, alongside rapidly growing websites and a number of magazines and niche products.

Office based Advertising Sales Advisor

We're looking for a highly motivated individual to work on our very busy recruitment section selling jobs related advertising to existing and new customers across Beds, Bucks and Northants.

This role involves talking to local business people about their staff recruitment advertising in print and online on a weekly basis.

Experience in advertising sales is not necessary (but is helpful!), but the ability to talk to, and deal with local businesses at both Managing Director and grass roots level is essential. Candidates must have an excellent telephone manner and strong customer service skills.

You'll also need to be confident, outgoing and organised working in a small, friendly team from our offices close to Willen Lake in Milton Keynes. You'll also be able to cold call prospective customers in a professional and persuasive manner.

We offer genuine and realistic opportunities for further career advancement as well as the following benefits;

- Salary £13,000 - £16,000 basic (dependent on skills and experience)
- Generous bonus structure that offers the realistic opportunity to earn £16k-£20k.
- 25 days holiday per year
- Regular training
- Contributory pension and healthcare after qualifying period

If you have the skills, drive and experience to help us further develop our recruitment advertising in a busy working environment please email your C.V with covering letter to jackie.lines@mk-news.co.uk

It is the company's policy to employ the best qualified personnel and provide opportunity for the advancement of employees including promotion and training and not discriminate against any person because of sex, race, pregnancy, disability, marital or family status, ages, sexual orientation, religious beliefs or trade union memberships.

(Previous applicants need not apply)

Closing date 15th July 2011.

www.mk-news.co.uk



BEDFORD BOROUGH COUNCIL

Bedford Borough Council takes great care to recruit the very best people so that the services we provide to our community are first class. We believe that the best work gets done in an environment that's enjoyable and which values, supports and encourages the development of its employees. In return we expect our employees to work hard and be committed to help us achieve our vision and share our values.

Adult & Community Services

Senior Practitioner
(Adults Learning Disability)
(Quote ref: P0002464)

£30,851 - £33,661

Closing date: 8 July 2011.

Social Worker (Older Peoples Team)
(Quote ref: P000781)
£22,221 - £30,011

Chief Executive

Retail Alcohol Partnership Officer

Fixed-term until March 2012

(Quote ref: P000106)

£25,472 - £27,849 pro rata

18.5 hours per week

Closing date for all posts: 18 July 2011.

For full job details visit www.bedford.gov.uk or contact the Recruitment Team on (01234) 228082 or email sasha.gilbert@bedford.gov.uk

Posts working with children and/or vulnerable adults will be subject to the disclosure of criminal records.

The Council is an Equal Opportunities Employer.



East of England Ambulance Service **NHS**
NHS Trust

Clinical Adviser/ECP

(roles available in Bedford, Chelmsford & Norwich)
37.5 hours per week
£25472 - £34189 per annum

This post currently attracts 25% unsocial hours enhancement (Subject to final rota)

The East of England Ambulance Service is committed to being the leading provider of emergency and unplanned care to our patients. We are expanding our successful clinical triage and advice function in our Operations Centres, creating an exciting opportunity for experienced clinicians to be at the forefront of service delivery across 6 counties.

The successful candidates will need to demonstrate dynamic, critical thinking to ensure our patients experience a first class service and clinical outcome, first time, every time.

If you want to be part of the team that has a positive impact on hundreds of thousands of patients across the East of England, and can build excellent working relationships with other Health Care Professionals in a role that really makes a difference please visit our website to discover more information and apply online.

For an informal discussion regarding this post please contact Mandy Wegg, Regional CSD Manager, on 07801 291821.

This post is subject to a Criminal Records Bureau check at an enhanced level.

Closing Date: 10 July

Proposed Interview Date: w/c 18 July

Apply on-line by visiting www.jobs.nhs.uk

We aim to represent and value the diversity of our local communities through our workforce and service provision. We therefore positively encourage applications, regardless of age, race, religion or belief, gender, sexual orientation or disability.



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Public Notices

Luton Borough Council
THE BOROUGH OF LUTON (GORDON STREET)
(TEMPORARY TRAFFIC REGULATIONS) ORDER 2011

NOTICE is hereby given that Luton Borough Council, the Highway Authority for the said Borough, intends to make the above Order under the relevant provisions of the Road Traffic Regulation Act 1984 as amended. The Order will come into operation on 25th July 2011, and will cease operation on 25th January 2013 or when the proposed works have been completed, whichever is the earlier.

The effect of the Order will allow the Council:

1. To temporarily revoke all current restrictions on Gordon Street for the period detailed above.
2. To temporarily introduce and enforce a Pay and Display Parking Bay, in operation Monday to Saturday 8am - 6pm as described in Schedule 1 below.
3. To temporarily introduce and enforce a No Waiting at Anytime restriction as described in Schedule 2 below.
4. To temporarily introduce and enforce a HGV Loading Bay 3am - 11pm. Maximum stay 1 hour, no return within 1 hour and Taxi's 11pm - 3am only as described in Schedule 3 below.

The Order will be in operation when signs are displayed.

The purpose of the Order is to enable safe demolition and building works on and near the carriageway in relation to redevelopment of a new youth centre. Access will be maintained as best as possible to properties whilst such works are being carried out and new regulations will be marked by signs.

3rd July 2011

R J Stevens
Solicitor to the Council
Town Hall
Luton LU1 2BQ

SCHEDULE 1
Temporary Pay and Display Parking Bay in operation
Monday - Saturday 8am - 6pm

ROAD	LENGTH
Gordon Street	Even numbered side from a point 2 metres north of the boundary between No's. 8 - 10 Gordon Street in a northerly direction for a distance of 21 metres Even numbered side from a point 26 metres south of the boundary between No's. 12 - 14 Gordon Street in a southerly direction for a distance of 19 metres.

SCHEDULE 2
Temporary No Waiting at Anytime Restriction

ROAD	LENGTH
Gordon Street	Both sides - the whole excluding designated Pay and Display Bays and Shared Taxi/HGV Loading Bay

SCHEDULE 3
Temporary HGV Loading Bay 3am - 11pm Maximum stay 1 hour, no return within 1 hour and Taxis 11pm - 3am only

ROAD	LENGTH
Gordon Street	Even numbered side from a point 28 metres north of its junction with Upper George Street northwards for a distance of 6 metres.

TOWN & COUNTRY PLANNING ACT 1990



NOTICE UNDER ARTICLE 13 OF THE TOWN & COUNTRY (DEVELOPMENT MANAGEMENT) PROCEDURE ORDER 2010 AND/OR NOTICE UNDER SECTION 67 OR 73 OF PLANNING (LISTED BUILDINGS & CONSERVATION AREAS) ACT 1990

APPLICATION NO: CB/11/0167/FULL Affects Listed Building/Conserv. Area
PROPOSAL: Erection of rear car port and shed following demolition of existing outbuildings, renovation, refurbishment and alterations works
LOCATION: 24 Market Square, Toddington, Dunstable, LU5 6BS

APPLICATION NO: CB/11/0167/LB Affects Listed Building/Conserv. Area
PROPOSAL: Listed Building: Erection of rear car port and shed following demolition of existing outbuildings, renovation, refurbishment and alterations works
LOCATION: 24 Market Square, Toddington, Dunstable, LU5 6BS

APPLICATION NO: CB/11/1885/FULL Affects Conservation Area
PROPOSAL: Kitchen extension, WC, ensuite and bathroom
LOCATION: Conger House, Market Square, Toddington, Dunstable, LU5 6BP

APPLICATION NO: CB/11/1911/VOC General Publicity
PROPOSAL: Variation of condition 6 attached to the permission granted in accordance with The Town and Country planning act 1990 Section 177(5) appeal reference APP/N02/20/C/02/1089332 and as previously amended by planning permission reference SB/TP/07/00606. (Relating to the names of authorised occupiers)

LOCATION: Greenacres, Gypsy Lane, Little Billingdon, Leighton Buzzard, LU7 9BP

APPLICATION NO: CB/11/01922/FULL Affects Conservation Area
PROPOSAL: Change of use from A3 to A5 (class) hot food takeaway
LOCATION: 1 Winfield Street, Dunstable, LU6 1LS

APPLICATION NO: CB/11/2007/FULL Affects Listed Building/Conserv. Area
PROPOSAL: Change of Use: To add D1 usage from 9.00am - 10.00pm
LOCATION: 26 High Street South, Dunstable, LU6 3HA

APPLICATION NO: CB/11/2013/LB Affects Listed Building/Conserv. Area
PROPOSAL: Change of Use: To add D1 usage from 9.00am - 10.00pm
LOCATION: 26 High Street South, Dunstable, LU6 3HA

APPLICATION NO: CB/11/0132/FULL Affects Conservation Area
PROPOSAL: Change of Use: Erection of replacement fence and to incorporate amenity land.
LOCATION: 4 Rose Court, Eaton Bray, Dunstable, LU6 2RS

APPLICATION NO: CB/11/0959/LDCP General Publicity
PROPOSAL: Lawful Development Proposed: Internal works to create a single dwelling house
LOCATION: 10-12 Peddars Lane, Stanbridge, Leighton Buzzard, LU7 9JD

APPLICATION NO: CB/11/0261/FULL General Publicity
PROPOSAL: Erection of two houses with garaging and all ancillary works
LOCATION: Land adjoining 2 Lywood Road, Leighton Buzzard, LU7 4RA

Planning applications, related documents and drawings can be viewed on our website <http://www.centralbedfordshire.gov.uk/planning>

Alternatively, the application can be viewed at our offices at Priory House, Monks Walk, Chickands, Shefford, SG17 5TQ at the Points of Presence at The Old Court House, Woburn Street, Ampthill, MK45 2HX. The Job Centre Plus Building, High Street, Biggleswade and Bossard House, West Street, Leighton Buzzard, LU7 1DA. Our customer contact telephone number is 0300 300 8307. A paper copy application is sent to the local Town/Parish Council.

If you wish to make representations about any of these applications should do so within 21 days from the date of this notice by writing to the Head of Development Management, Priory House, Monks Walk, Chickands, Shefford, SG17 5TQ, or by email to planning@centralbedfordshire.gov.uk. Please quote the application number/s. Comments should be restricted to valid planning considerations such as effect on amenity, privacy, noise, traffic, access or similar. Please note any representations received are made available on our website for public inspection and so cannot be treated in confidence.

3rd July 2011

Assistant Director - Development Management

CENTRAL BEDFORDSHIRE COUNCIL
NOTICE OF MAKING OF PUBLIC PATH ORDER
TOWN AND COUNTRY PLANNING ACT 1990
CENTRAL BEDFORDSHIRE COUNCIL (HOUGHTON REGIS: PART OF
FOOTPATH NO 5) PUBLIC PATH STOPPING UP ORDER 2011

The above Order made on 24 June 2011 under Section 257 of the Town and Country Planning Act 1990 if confirmed will stop up part of Footpath No 5, Houghton Regis as shown on the Order map.

The length of Footpath No 5, Houghton Regis to be stopped up extends from Ordnance Survey Grid Reference (OS GR) TL 0175 2376 south west for approx 51 metres to OS GR TL 0171 2373.

Under section 257 of The Town and Country Planning Act 1990 "a competent authority may by order authorise the stopping up or diversion of any footpath, bridleway or restricted byway if they are satisfied that it is necessary to do so in order to enable development to be carried out".

The land over which this part of Footpath No 5, Houghton Regis passes has been granted planning permission to build a retail supermarket, access and parking, highways works, landscaping and associated works (Planning Ref: CB/10/03110/FULL). The Public Footpath would be obstructed by the development unless it is stopped up. Central Bedfordshire Council consider it necessary to stop up the footpath in order to allow the development to take place.

A copy of the Order and the Order map have been placed and may be seen free of charge at the offices of Central Bedfordshire Council, Countryside Access Team, Technology House, Ampthill Road, Bedford MK42 9BD between 9.00am and 5.00pm on Mondays to Thursdays and between 9.00am to 4.00pm on Fridays. Copies of the Order and map may be bought there. An explanatory statement can be obtained by phoning 0300 300 6249.

Any representations or objections relating to the Order must be sent in writing to the Orders and Commons Registration Officer, Countryside Access Team, Central Bedfordshire Council, Technology House, Ampthill Road, Bedford MK42 9BD not later than 3 August 2011. Please state the grounds on which they are made.

If no such representations or objections are duly made, or if any so made are withdrawn, Central Bedfordshire Council may confirm the Order as an unopposed Order. If the Order is sent to the Secretary of State for Environment, Food and Rural Affairs for confirmation any representations and objections which have not been withdrawn will be sent with the Order.

DATE 29 June 2011

David Leverington, Rights of Way Team Leader
Technology House, Ampthill Road, Bedford MK42 9BD.

Luton Borough Council
THE BOROUGH OF LUTON (NEW BEDFORD ROAD)
(TEMPORARY TRAFFIC REGULATIONS) ORDER 2011

NOTICE is hereby given that on 27th June 2011 Luton Borough Council, the Highway Authority for the said Borough, made the above Order under the relevant provisions of the Road Traffic Regulation Act 1984 as amended.

The Order will come into operation on 25th July 2011, and will cease operation on 31st August 2011 or when the proposed works have been completed, whichever is the earlier.

The effect of the Order will allow the Council to temporarily prohibit vehicles from turning right from the road specified in Column 1 of the Schedule below and into the road specified in Column 2 of the Schedule below. The Order will be in operation when signs are displayed.

The purpose of the Order is to avoid congestion build up, whilst essential road surfacing works are carried out.

Access will be maintained as best as possible to properties whilst such works are being carried out and diversions for traffic will be marked by signs.

3rd July 2011

R J Stevens
Solicitor to the Council
Town Hall
Luton LU1 2BQ

SCHEDULE

ROAD	LENGTH OF ROAD	DATES AND TIMES
New Bedford Road	Austin Road	From 25th July 2011 to 31st August 2011

BOROUGH OF LUTON

THE TOWN AND COUNTRY PLANNING (DEVELOPMENT PLANS AND CONSULTATION) (DEPARTURES) DIRECTIONS 1999

NOTICE IS HEREBY GIVEN that the Local Planning Authority has received an application for the development detailed below which, in the opinion of the Authority would conflict with or prejudice the implementation of the Development Plan.

Site: Gloucester House
Manor Road, Luton, LU1 3HN

Description: Conversion and Change of use of 17 commercial units (Use Class B1) to 8 one-bedroom flats and 9 studio flats (Use Class C3).

Application No: 11/00442/FUL

The application and submitted details can be inspected using Public Access, the on-line planning service at www.eplan.luton.gov.uk and enter 11/00442/FUL into the Application Search. This site can be accessed at any library free of charge. If you wish to discuss the proposal, please contact the Case Officer on Luton 546317.

Any representations concerning the proposal should be made to the Development Control Manager within 21 days of the date of this notice quoting the application number above. This can be done in writing or on-line through public access.

Dated: 3rd July 2011

J.A.Barnell
Development Control Manager
Town Hall
Luton, LU1 2BQ

THE SECURITY SPECIALISTS LIMITED

Company No. 05708994

Notice is hereby given, pursuant to s 98 Insolvency Act 1986, that a meeting of creditors of the above company will be held at Verulam House, 110 Luton Road, Harenpenden Hertfordshire AL5 3BL, Telephone No. 01582 469700, not later than 12 noon on 18/07/2011. On 15/07/2011, prior to the meeting, a list of the company's creditors will be available for inspection at the above address.

Dated: 24/06/2011
M WALSH, Director

T32315

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Nissan

Nissan Almera Petrol, 95000 miles, 5dr, hatch, a/c, e/w, e/m, c/d, 6 months mot, average condition £600ono 01234708565

Renault

RENAULT LAGUNA Y reg, 1.6, 12 months mot, 6 months, tax, 2 new tyres, met blue, e/w, a/c, e/s, r, c/l, 57k, immaculate condition £995 07971 452334 01234 347778

Vauxhall

VAUXHALL ASTRA 1996, 1.4cc, 79k miles, mot till 06/2012, fsh, e/w, c/l, 5 dr hatch. £495ono 01234 403606 07930 832310

Volkswagen

Vauxhall Omega 2.2 Petrol, 2002, Auto, MOT Oct, Tax Sept, new tyres, new exhaust £1,300 07931564793

1.6s, blue, 5dr, V reg.

130,000 miles, 11 months MOT, 2 months tax, alloys

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FORD FOCUS Zetec, 1.6 automatic, 3 door, 76k, silver, 02 reg, A/C, electric windows, central locking, F/S/H, VGC, 1 lady owner £1950 tel: 07940 442328

FORD KA, 55 reg, 11 months MOT, tax £2250 01582 411494 (T)

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FORD KA

collection, registered 2002, 1 owner last 8 years, MOT until Feb, 6 months Tax, p/steering, c/locking, e/windows, air con, VGC £1,425 ono 01582 733759

Ford Fiesta

1.3cc, 1996, alloys, 5dr, white, recently serviced including cambelt, 9 months mot and tax £600 ono 07872 551003

Ford Mondeo

1.8td gha, R reg, 1 month tax, 8 months mot, heated f/r windows, e/s/r, e/w, front foglights, good condition £650 ono 07546 979469

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2l, zetec, Petrol, 2000(W), 77000 miles, silver, 5dr, petrol, e/w, e/m, mot 10/11, tax 11/11, cd player £1300ono 07974 263624

2000 FORD FIESTA

1.3 finesse, 42000 miles, powersteering, 2 lady owners mot, £925 01234 358145 07860 388898 (T)

FORD MONDEO

X reg, mot march 2012, 1 previous owner, tow bar, e/w, a/c, excellent condition, px poss, car in bedford £725ono 07930 832310

Ford Fiesta

1.3cc, 1996, alloys, 5dr, white, recently serviced including cambelt, 9 months mot and tax £600 ono 07872 551003

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1.2, 2002, 43k, 3dr, silver, mot & tax Dec, good condition £1650 01234 767274 07926 169270

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Peugeot 206 2000, Black, 68000 miles, excellent condition £3700 01525 712109 9-10am or 6-7pm

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Vauxhall

PEUGEOT 206 1998, 1.4, 5dr, hatch, tax & tested, recent service & cambelt change, good condition £950 07931 737675

Proton

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Vauxhall

Vauxhall Vectra Estate 2 litre, 1998, Red, 145000 miles, tax end July, c/l, E/W, quick sale due to illness £500ono 01234 826882

Vauxhall

VAUXHALL ASTRA 1.6 club, 5 dr, MOT until 2012, TAX until August, T reg, blue, manual, drives nice, good condition, Luton £575 07424 880173

Vauxhall

VAUXHALL ASTRA 1996, 1.4cc, 79k miles, mot till 06/2012, fsh, e/w, c/l, 5 dr hatch. £495ono 01234 403606 07930 832310

Vauxhall Corsa

1.2i 2 litre, 16v, SRI, 5dr hatchback, genuine 79k miles, full SRI refinements plus H.I.D lighting, TAX & MOT until Oct, must be seen £550 ono 07929 137794 / 01582 507307

1999 V Astra

1.4, 5dr, service history, elec windows, powersteering, mot feb 12, tax september, clean £795 01234 358145 07860 388898 (T)

Vauxhall Corsa

design, 5dr, 998cc, 54 plate, 1 lady owner, fsh, e/w, c/l, a/c, low mileage, vgc, £2650 07875 092356 01234 768399

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McDonnell and Clorley get shot at Euro glory

ATHLETICS

TWO Luton Athletics Club long distance runners have been selected to represent Great Britain in the U23 European Championships in Ostrava, Czech Republic, later this month.

John McDonnell (pictured above) got the call after claiming silver in the 5,000 metre final at the England Athletics Under-23 and Under-20 Championships in Bedford last weekend.

The youngster came home in a time of 14:17.17 behind winner Ross Arthur Millington of Stockport Harriers.

Their selection will be welcome news for club-mate Daniel Clorley who did not finish in the final of the U23 1500m, despite winning his heat to qualify in 03:51.81.



Emily sets British record

GOLF

LUTON minigolfer Emily Gottfried set a new British women's record and an all-time personal best as she and husband Richard (pictured above) won their third caps for the Great Britain Minigolf Sport team at the World Minigolf Sport Federation Nations Cup in Stockholm, Sweden last month.

Emily, a WMF World Adventure Golf Masters women's champion, shot a round of 24(-12) on the Eternite-type miniature golf course to set the record on the playing surface, three years after the pair first played in GB colours at the WMF Nations Cup in Tampere, Finland.

She said: "The Nations Cup was a great experience for me. I feel that I learned a great deal which really improved my game. My round of 24 was the undoubtedly highlight. To score 12-under par on such a tough course was a real achievement for me. My Great Britain team-mates were excellent players, who all put in their best performance in the tournament."

The WMF Nations Cup was the second of three international tournaments the Gottfrieds will be competing in during the 2011 season, following May's WMF World Adventure Golf Masters in Hastings, East Sussex, where Emily claimed her world crown. They will also be competing at the Castle Golf World Crazy Golf Championships in Hastings, East Sussex, at the two-day tournament at the end of October. Richard, a team captain in Sweden, has been a finalist in the Castle Golf World Crazy Golf Championship for the last three years running.

Kroca's Killie move was on cards since first goal

BY JAMES CUNLIFFE

james.cunliffe@lutononsunday.co.uk

ZDENEK Kroca's departure to Kilmarnock came as no surprise to Luton Town manager Gary Brabin as he believes Scottish Premier League club had coveted the defender for a year.

The Czech Republic centre back scored the only goal – his first for Luton – in a pre-season friendly between the two clubs at Kenilworth Road last summer while on trial at the Conference club.

He signed on a one-year deal soon after and then scored on his competitive debut in the a 2-1 win over Altrincham. His 55 appearances and seven goals last term convinced new Killie boss Kenny Shiels to swoop for the out-of-contract 30-year-old and pin him down to a two-year deal this week.

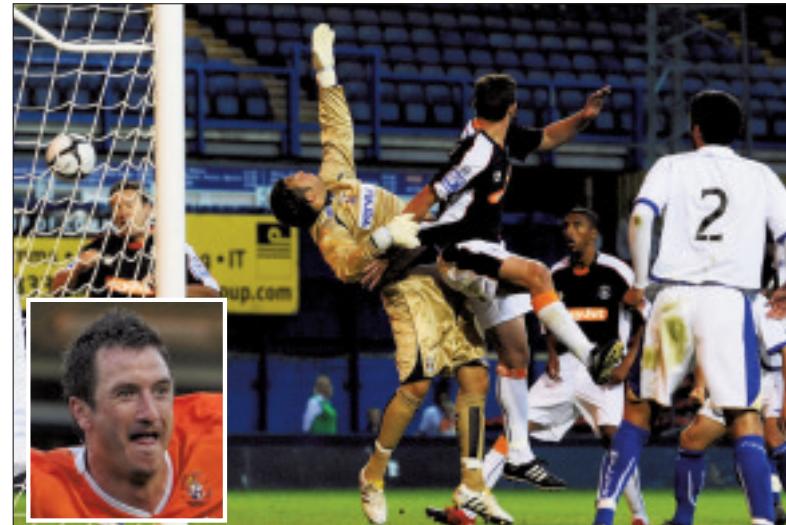
Brabin said: "It wasn't a surprise to me. I think they [Kilmarnock] had kept an eye on him since he scored against them. We tried our best to keep him but I don't think he settled and then he was offered a deal that he couldn't refuse. He did well last season, he's a fantastic footballer and I wish him all the best."

Brabin admitted that part of the reason for signing former Northampton Town defender Dean Beckwith last month was in case he couldn't persuade Kroca to extend his stay.

"We got Dean because we thought there was every chance we might lose Kroca," said the manager. "We've also got Shane Blackett who was disappointed with the way last season went and I'm sure he's looking forward to this year."

Kroca praised the Hatters for helping him adjust to the British game.

"My time at Luton will help me as I don't



FIRST GLIMPSE: Zdenek Kroca scores the winner against Kilmarnock during last year's pre-season match

think there's too much difference between English football and Scottish football," he said.

But a move away from Bedfordshire looked likely for the Czech as he admitted there was interest in him from League One outfits in England as well as from the top flight north of the border.

"There were a couple of clubs interested in me. They were League One clubs, maybe

Championship, but more from League One. But this is the Premier League and it's the highest level in Scotland, so I decided to come here. There were pluses and minuses but I decided on Kilmarnock."

He added: "Everyone in the Czech Republic knows Rangers and Celtic but there are teams outside those two who are hungry for success and I think Kilmarnock is one of those teams."

Brabin glad to be back



PRE-SEASON: Robbie Willmott leads a pack of Luton stars including new signing Aaron O'Connor (second from left).

FOOTBALL

LUTON Town's newest signings Dean Beckwith and Aaron O'Connor reported for duty for the first time on Friday when the squad began pre-season training.

The Hatters were put through their paces at Lewsey Park with manager Gary Brabin and assistant Alan Neilson running them through drills.

Brabin said: "I think everyone was glad to be back and looking forward to the start of a new season."

"The first day back is a bit of fun. The lads all came in, wondering what they're going to do. They all had stories of what they were up to over the summer. There's always a good bit of banter."

The manager chose to keep the football under lock and key but said he didn't want to start at full throttle.

"It wasn't too intense," he said. "I like to bring them in gently and blow the cobwebs off a little bit."

It is just under a fortnight before they start their summer friendly campaign at Hitchin Town on Friday, July 15. There is also a match at home to Serie A side Parma and a mini tour of Wales with Brabin saying variety was key to deciding the schedule.

"One of the things I tried to do was get some distance with the away games," he said.

"We are going to TNS who are in Europe and will be in full flow by the time we play them plus Colwyn Bay who have just been promoted to the Conference North."

"I think it's going to be good preparation for the tough season ahead."



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Waiting game over new deals after Gnakpa goes to Walsall

BY JAMES CUNLIFFE

james.cunliffe@lutononsunday.com

'WE can't wait forever' – that was the message from Gary Brabin about remaining out-of-contract Luton Town stars Ed Asafu-Adjaye and Freddie Murray who are yet to pen new deals.

The number was three before the shock exit of fans' favourite and last term's second top goalscorer Claude Gnakpa on a free to League One club Walsall on Friday evening.

The Hatters manager revealed that a new contract had been offered to the Frenchman before the first day of pre-season two days ago but he was missing from the squad reporting back for duty as he was at the Banks' Stadium finalising a one-year deal with the Saddlers.

It was the second big name departure from Kenilworth Road this week after Czech Republic defender Zdenek Kroca signed a two-year deal for Scottish Premier League club Kilmarnock on Thursday.

There is now a question mark

over the futures of the two full backs with Brabin unsure of what the hold up is.

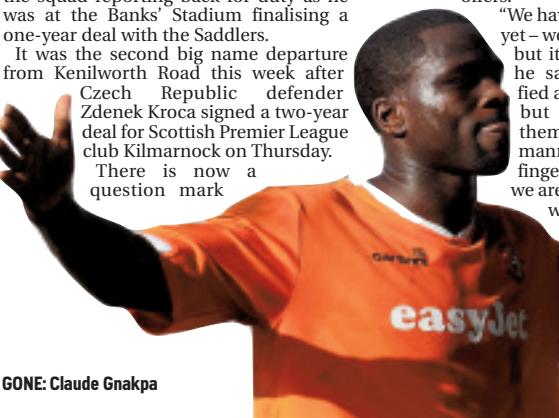
On Friday he said: "I've spoken to all the out of contract players and it is a matter of waiting for them to make a decision and put pen to paper, but at the same time they all knew we can't wait forever.

"They haven't signed yet and something seems to be holding them back."

With key players gone from defence, midfield and the forward line after Jason Walker's switch to York City, Brabin said he is actively searching for new players.

Reports out of Grimsby yesterday confirmed that Luton have made enquiries about Mariners marksman Alan Connell – who scored 29 goals last term – but Brabin said they are yet to make any offers.

"We haven't signed anyone yet – we've made enquiries but it's a waiting game," he said. "We've identified a number of players but we are sounding them out in the right manner. We've got our fingers on the pulse but we are looking for players who will get us out of this league."



GONE: Claude Gnakpa



STAYING OR GOING? Ed Asafu-Adjaye (above) and Freddie Murray (inset) are still to sign new contracts



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from the Prophet. A Jew came to the Prophet and asked, 'O Muhammad. Tell me from what thing man is created.' The Prophet said, 'O Jew. From both Male and Female Nutfah man is created.' [Musnad Ahmad]

This is a very astonishing revelation, as it is only recently that we came to know that both male and female cells [sperm and ovum] join together to form the human zygote – a fact not known before the 19th century.

THE ROLE OF GENES

'From what substance did He create him? From a sperm-drop [nutfah] He created him and destined [qadr] for him.'

Qur'an 80:18-19

In a single Male Nutfah [sperm cell], which measures 60 microns [1 micron = 1/1000 mm], there are 23 Chromosomes – long spiral double strand helix. They contain the genes which determine every type of characteristics the body has like hair colour, skin type, etc. Hence, it is within this Nutfah that God has determined and destined all the physical characteristics that an individual has. It is amazing that the description of these realities are so accurately stated by God in the Qur'an.

The Prophet said, 'God has ordained an angel that accompanies the different stages of development of the Nutfah. The Alaqah, the Mudghah and in every stage he asks God, 'O God, what to do next? If God determines its full development, the angel asks, 'Is it a boy or a girl? Happy or unhappy, his livelihood and his life span. All is written [determined] while he is in mother's womb.' [Bukhari]

ALAQAH

"...Then We made the sperm-drop [nutfah] into a clinging clot [alaqah], and We made the clot [alaqah] into a lump [of flesh - mudghah]..."

Qur'an 23:14

Literally, the Arabic word alaqah has three meanings: (1) leech, (2) suspended thing, and (3) blood clot.

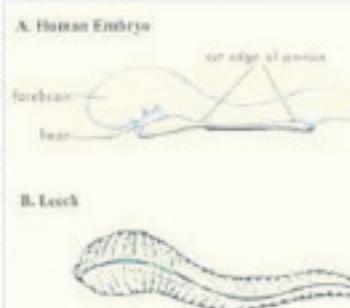
In comparing a leech to an embryo in the alaqah stage, we find similarity between the two. Also, the embryo at this stage obtains nourishment from the blood of the mother, mudghah stage. The Arabic word mudghah similar to the leech, which feeds on the blood means "chewed substance." If one were to take a leech, the second meaning of the word piece of gum and chew it in his or her mouth and alaqah is "suspended thing." This is what we can then compare it with an embryo at the mudghah stage. In the womb of the mother, mudghah stage, acquires the appearance of a leech. The third meaning of the word alaqah is chewed substance. This is because of the somites

"blood clot." We find that the external appearance of the embryo and its sac during the alaqah stage is similar to that of a blood clot. This is due to the presence of relatively large amounts of blood present in the embryo during this stage. Also during this stage, the blood in the embryo does not circulate until the end of the third week. Thus, the embryo at this stage is like a clot of blood.

at the back of the embryo that "somewhat resemble teeth marks in chewed substance."

How could Prophet Muhammad, may the blessing and mercy of God be upon him, have possibly known all this 1400 years ago, when scientists have only recently discovered this using advanced equipment and powerful microscopes which did not exist at that time? Hamm and Leewenhoek were the first scientists to observe human sperm cells (spermatozoa) using an improved microscope in 1677 (more than 1000 years after Prophet Muhammad, peace be upon him).

MUDGHAH



The above photograph of an embryo at the mudghah stage (28 days old). The embryo at this stage acquires the appearance of a chewed substance, because the somites at the back of the embryo somewhat resemble teeth marks in a chewed substance. The actual size of the embryo is 4 mm.

SCIENTISTS ACCEPTANCE OF THE MIRACLES OF THE QUR'ĀN

Professor Emeritus Keith L. Moore: [one of the world's most prominent scientists in the fields of anatomy and embryology and is the author of the book entitled 'The Developing Human', and was chosen by a special committee in the United States as the best book authored by one person] said, "...Because the staging of human embryos is complex, owing to the continuous process of change during development, it is proposed that a new system of classification could be developed using the terms mentioned in the Qur'an and Sunnah. The proposed system is simple, comprehensive, and conforms with present embryological knowledge. The intensive studies of the Qur'an and hadith in the last four years have revealed a system for classifying human embryos that is amazing since it was recorded in the seventh century A.D. Although Aristotle, the founder of the science of embryology, realized that chick embryos developed in stages from his studies of hen's eggs in the fourth century B.C., he did not give any details about these stages. As far as is known from the history of embryology, little was known about the staging and classification of human embryos until the twentieth century. For this reason, the descriptions of the human embryo in the Qur'an cannot be based on scientific knowledge in the seventh century."

Dr. T. V. N. Persaud: [Professor of Anatomy, University of Manitoba, Canada] said, "The way it was explained to me is that Muhammad was a very ordinary man. He could not read, didn't know [how] to write. In fact, he was an illiterate. And we're talking about twelve [actually about fourteen] hundred years ago. You have someone illiterate making profound pronouncements and statements and that are amazingly accurate about sci-

entific names. And I personally can't see how this could be a mere chance. There are too many accuracies and, like Dr. Moore, I have no difficulty in my mind that this is a divine inspiration or revelation which led him to these statements."



Professor Moore, Widely Authority in Embryology and Cell Biology. Author of "Developing Human"

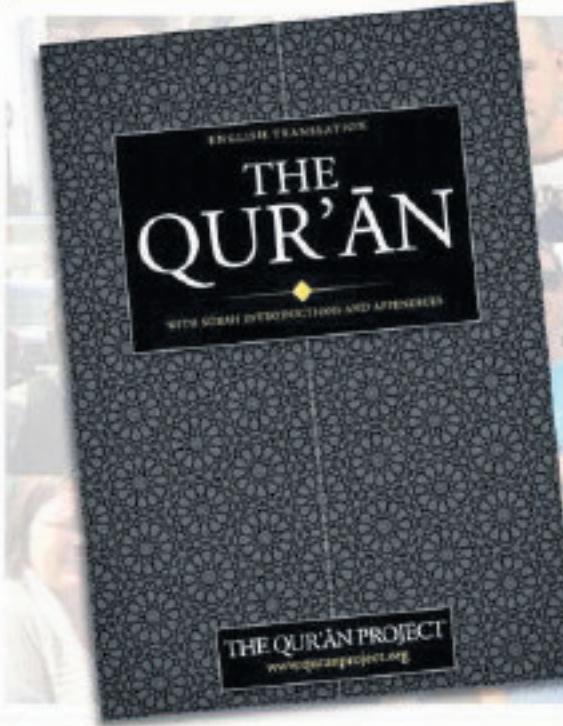
Dr. E. Marshall Johnson: [Professor Emeritus of Anatomy and Developmental Biology, Thomas Jefferson University, USA] said, "The Qur'an describes not only the development of external form, but emphasizes also the internal stages, the stages inside the embryo, of its creation and development, emphasizing major events recognized by contemporary science" and, "As a scientist, I can only deal with things which I can specifically see. I can understand embryology and developmental biology. I can understand the words that are mandated to me from the Qur'an. As I give the example before, if I were to transpose myself into

that era, knowing what I knew today and describing things, I could not describe the things which were described. I see no evidence for the fact to refine the concept that this individual, Muhammad, had to be developing this information from some place. So I see nothing here in conflict with the concept that divine intervention was involved in what he was able to write."

Dr. William W. Hay: [Professor of Geological Sciences, the University of Colorado, USA] said, "I find it very interesting that this sort of information is in the ancient scriptures of the Holy Qur'an, and I have no way of knowing where they would come from, but I think it is extremely interesting that they are there and that this work is going on to discover it, the meaning of some of the passages." And when he was asked about the source of the Qur'an, he replied: "Well, I would think it must be the divine being."

Dr. Yoshihide Kosai: [Professor Emeritus, Tokyo University, Japan, and was the Director of the National Astronomical Observatory, Mitaka, Japan] said: "I am very much impressed by finding true astronomical facts in [the] Qur'an, and for us the modern astronomers have been studying very small pieces of the universe. We've concentrated our efforts for understanding of [a] very small part. Because by using telescopes we can see only very few parts [of] the sky without thinking [about the] whole universe. So, by reading [the] Qur'an and by answering the questions, I think I can find my future way for investigation of the universe."

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